

2021



TOWN OF
CONCORD,
MA

SOCIAL SERVICES RESOURCE GUIDE

| Community Services |



TOWN OF CONCORD
Office of the Town Manager
Town House
P.O. Box 535
Concord, Massachusetts 01742

TEL: 978-318-3000
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Stephen Crane, Town Manager

July 2021

Dear Concord Resident,

We are pleased to share with you the 2021 edition of the Concord Social Services Resource Guide. We hope you will take some time to look through this guide and contact any of the agencies and/or departments that may be of assistance to you and your family.

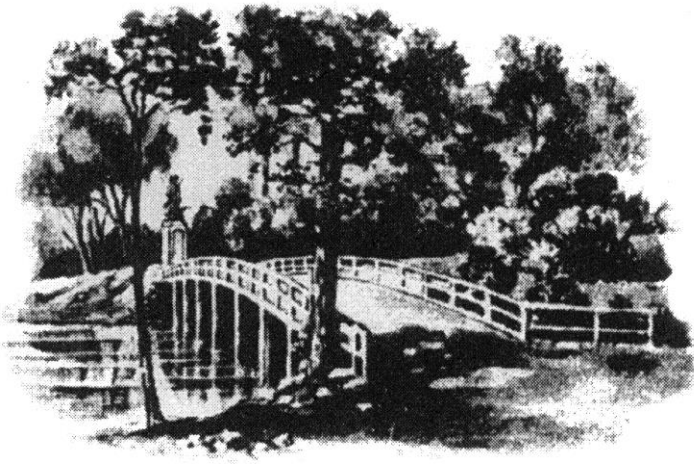
The Town of Concord is home to many support services and opportunities for our youth, families and residents. This Social Services Resource Guide identifies and describes the wealth of organizations serving our community that provide services to residents. While this guide is designed to reach out to any resident, Concord also offers a wide range of specific services targeted to our senior population. For those with specific senior-related questions, the knowledgeable and caring staff at the Council on Aging can be reached at 978.318.3020.

This edition of the Resource Guide coincides with the COVID-19 pandemic. We are reminded during this period of the importance of maintaining our social connections to the community and the value of civic service.

Sincerely,

Stephen Crane
Town Manager

Kate Hodges
Deputy Town Manager



OLD NORTH BRIDGE

TOWN OF CONCORD

TOWN HOUSE - P.O. BOX 535
CONCORD, MASSACHUSETTS 01742

Dear Concord Residents,

Welcome to the Town of Concord's Social Services Resource Guide! Concord's Community Services Department produces this booklet to provide residents with information about local resources.

We work to address the social, emotional, and financial needs of youth, adults, and families through programs and services that offer support. This guide includes the local resources we refer to most frequently. Programs mentioned in the guide are not endorsed by the Town of Concord, and the information presented here is not meant to be exhaustive. Please contact Community Services with any questions or for more information.

Many thanks to Concord resident, Nicholas Owen, who updated and revised this latest version of the guide in the midst of the COVID-19 pandemic. Thanks to Nick, this updated version is more comprehensive and easier to use than previous versions. As we go to press, all contact information is correct.

We encourage residents to contact us if we can be of any assistance to you or your family. We are here to be a resource and provide support.

Sincerely,

Bonny Wilbur
Community Services Coordinator
978-318-3034
bwilbur@concord.gov
www.concordma.gov/community

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Town Departments: www.concordma.gov

Call this Town Department/Entity:	For Questions On:
Assessing	Assessments; Abatements (978-318-3070)
Board of Appeals	Zoning Appeals; Special Permits and Variances (978-318-3295)
Board of Health	Health; Sanitation; Septic Permits/Title V (978-318-3275)
Building Inspector	Building, Electric, Plumbing & Gas Permits; Plot Plans; Home Occupation Permits; Zoning Enforcement (978-318-3280)
Board of Selectmen	Committee Appointments; Alcohol Licensing (978-318-3001)
Community Services Coordinator	Financial Assistance; Counseling; Legal Services; Domestic Violence Resources; Camp Support; Employment; Fuel Assistance; Parenting; Support Groups (978-318-3034)
Council on Aging/ Senior Services	Senior Activities, Medical & Legal Information, Transportation, Classes, Referrals, Support Groups & more. (978-318-3020)
Fire Department	Routine Fire & Ambulance Business; Burning Permits (978-318-3488)
Historic Districts Commission	Information on Historic Districts (978-318-3299)
Housing Authority	Affordable, Subsidized, Disabled and Elderly Housing (978-369-8435)
Human Resources	Town Personnel Information & Job Openings (978-318-3025)
Library	Programs and resources for young adults and children; information on school reading lists, research help, many Boston area free museum passes. (<i>Main Branch:</i> 978-318-3300; <i>Fowler Branch:</i> 978-318-3350)
Light Plant	Concord Municipal Light Plant (CMLP) provides combined utility customer service and billing for Electric, Water, Sewer and Broadband. All inquiries for New Accounts, Billing, Final Reads, etc. (978-318-3101 or concordlight@concordma.gov)

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Minuteman Media Network	Local Public Access Television – On Channel 8 for Concord and Carlisle and on YouTube (978-369-5038)
Natural Resources	Conservation Land/Environment, Wetlands (978-318-3285)
Planning and Land Management	Planning; Land Use; Zoning; Affordable Housing Lotteries (978-318-3290)
Police	Routine Police Business and Animal Control Officer (978-318-3400)
Public Works	Administration (978-318-3206); Cemeteries (978-318-3230); Engineering/Road Permits (978-318-3210); Highways/Snow & Ice Removal (978-318-3220); Parks & Trees (978-318-3230); Trash, Recycling & Yard Waste Information (978-318-3240); Water & Sewer Operation [see Town Accountant for Billing] (978-318-3250)
Recreation Department	Recreation Programs; After/Before School; Carousel; Terrific Tuesday; Hunt Recreation Center (978-287-1050); Beede Swim and Fitness Center (978-287-1000)
Retirement Board	Town Retirement System Information/Benefits (978-318-3068)
Town Accountant	Accounting (978-318-3060); Utility Billing (Light, Water, Sewer); Water & Sewer New Accounts (978-318-3062)
Town Clerk	Births, Deaths; Marriages; Dog Licenses; Business Certificates; Elections; Voter Registration; Notary services available for a nominal fee, call ahead required. (978-318-3080)
Town Manager's Office	General Administration (978-318-3000)
Treasurer/Collector	Ambulance Bills; Parking Tickets; Property & Excise Tax Bills; Trash Collection & Recycling Subscriptions; Electric, Water & Sewer Bill Payments (978-318-3050)
Veterans Agent	Veterans' Information, Referrals & Benefits (978-318-3038)

Handy Contacts

Handy Contacts

*See [Town Departments](#) for more town numbers.

Animal Control (Police Business Line)	978-318-3400
Building and Inspection	978-318-3280
Chamber of Commerce	978-369-3120
Community Safety Officer	978-318-3445
Community Services Coordinator, Bonny Wilbur	978-318-3034 bwilbur@concordma.gov
Concord-Carlisle Community Chest	978-369-5250
Concord Lions Club	978-505-1475
Concord Post Offices	<i>Main: 978-369-7613; West Concord: 978-369-5924</i>
Concord Public Libraries	<i>Main: 978-318-3300; Fowler: 978-318-3350</i>
Concord Public Schools	<i>Concord Integrated Preschool: 978-202-1105; 978-202-1106; http://preschool.concordps.org/ Alcott School: 978-318-9544 http://alcott.concordps.org/ Thoreau School: 978-341-2490 x3100 http://thoreau.concordps.org/ Willard School: 978-318-1340 http://willard.concordps.org/ Concord Middle School Peabody 978-318-1360; Sanborn 978-318-1380 http://cms.concordps.org/ Concord Carlisle High School: 978-318-1400 http://www.concordcarlisle.org/ Minuteman Regional High School: 781-861-6500 www.minuteman.org For a list of area private schools see: http://www.concordma.gov/1023/Schools</i>
Concord Public School Transportation	978-318-1433
Concord Rotary Club	www.concordmarotary.org
Concord Visitor Center	978-369-3120
Court House	978-369-0500
Crime Tip Line	978-318-3407
Domestic Violence Service Network	888-399-6111
Eliot Community Human Services	978-369-1113
Emergency Psychiatric Services	877-382-1609
Emerson Hospital Main Line	978-369-1400; <i>ER: 978-287-3690; TTY 800-439-0183</i>
Emerson Umbrella	978-371-0820
League of Women Voters	978-254-1598
MBTA	617-222-3200

Handy Contacts

Minuteman National Park	978-369-6993
Poison Control	800-222-1222; 800-682-9211; TTY 888-244-5313
Police and Fire Emergency	911
State Police	508-820-2300
State Representative Tami L. Gouveia	State House: 617-722-2011 tamigouveia@mahouse.gov
State Senator Michael J. Barrett	617-722-1572 Mike.Barrett@masenate.gov
Walden Pond State Reservation	978-369-3254
Water and sewer issues	978-318-3250
White Pond	https://concordrec.com/253/White-Pond

Animals/Pets

Hotlines:

ASPCA Animal Poison Control Center: 888-426-4435 (\$65 consultation fee)

Animals/Pets: General

Animal Control Officer	<p>Please call the Police non-emergency line to be connected to the Animal Control Officer.</p> <p>978-318-3400 http://www.concordnet.org/259/Animal-Control-Officer</p>
Spay Mass Referral Program	<p>Spay Mass provides a listing of low-cost spay/neuter services in Massachusetts.</p> <p>978-779-9880 info@massanimalcoalition.org massanimalcoalition.org/resources/spay-neuter/spay-neuter-map</p>
The Hoarding of Animals Research Consortium	<p>The Consortium has information on intervention, animal welfare, and public health, all regarding animal hoarding.</p> <p>200 Westboro Rd, North Grafton, MA vet.tufts.edu/hoarding</p>
The Humane Society	<p>Works to improve legislation, provide animal rescue and emergency response, and cares for animals through sanctuaries, shelters and clinics.</p> <p>202-452-1100 donorcare@humanesociety.org www.humanesociety.org</p>
The Magic Bullet Fund	<p>The Magic Bullet Fund helps families whose dog or cat has cancer and who cannot afford treatment. Use the link below to apply.</p> <p>themagicbulletfund.org/apply</p>

Animals/Pets

Animals/Pets: Financial Assistance

Pet Care Financial Assistance – MSPCA Angell	<p>MSPCA-Angell offers financial help to owners for care of sick animals. Pet food assistance and microchips may be offered at adoption centers.</p> <p>617-541-5028 angelladmittingoffice@mspca.org www.mspca.org/programs-resources/pet-care-assistance \$15 Microchips www.mspca.org/pet_resources/15-walk-in-microchips-at-mspca-adoption-centers</p>
Red Rover Relief (RRF)	<p>RRF provides financial assistance, resources and emotional support to pet guardians struggling with economic hardship when pets are in life-threatening situations. A typical grant is around \$200.</p> <p>916-429-2457 info@redrover.org redrover.org/relief/urgent-care-grants/</p>
Brown Dog Foundation	<p>BDF works to bridge the gap between medical costs and caring for the family pet. Services are for families in financial crisis who are unable to provide emergency life-saving treatment or medications to their pet.</p> <p>www.browndogfoundation.org/prequal</p>

Animals/Pets: Veterinary Services

Animal Rescue League Boston	<p>The Animal Rescue League offers affordable veterinary care and behavioral resources to families of limited economic means.</p> <p>617-426-9170 adoption@arlboston.org 10 Chandler Street, Boston, MA www.arlboston.org</p>
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Animals/Pets

Tufts at Tech Community Veterinary Clinic	<p>Tufts at Tech provides low-cost, preventative and primary care for companion animals including routine wellness care, vaccinations, parasite screening, urgent care, and basic surgeries and dentistry.</p> <p>508-751-7670 tuftsattech@tufts.edu 1 Skyline Dr, Worcester, MA vetmed.tufts.edu/tufts-at-tech</p>
Merwin Memorial Free Clinic for Animals	<p>Merwin Clinic provides free office visits and outpatient vet services. Can include routine physical exams. Medicines to cure sick animals and preventative medicines are available at reduced rates.</p> <p>617-782-5420 542 Cambridge St. Allston, MA merwinclinic.org</p>
Angell at Nashoba Vet Clinic in Westford	<p>A low-cost clinic in Westford offering primary veterinary care, surgery and dental services. Overnight care, specialty care and emergency services are not offered at the clinic.</p> <p>978-577-5992 100 Littleton Road, Westford, MA www.mspca.org/angell_services/nashoba</p>
Tufts School of Veterinary Medicine	<p>Tufts School of Veterinary Medicine offers lower cost spaying and neutering for dogs and cats.</p> <p>200 Westboro Rd, North Grafton, MA www.tufts.edu/vet</p>
MSPCA	<p>Provides hands-on care for thousands of animals each year. Offers low cost spaying/neutering programs for pet owners with limited economic means. Information on training pets is also available.</p> <p>617-522-7400 350 South Huntington Avenue, Boston, MA www.mspca.org</p>

Animals/Pets

Concord Animal Hospital	<p>Offers preventative care, surgical care, emergency services and resources, acupuncture, dental health, laser therapy and more.</p> <p>(978) 369-3503 245 Baker Ave, Concord www.concordanimalhospital.com</p>
Domino Veterinary Hospital	<p>Domino offers wellness exams, vaccinations, spaying & neutering, emergency care, medications, laboratory testing and more.</p> <p>(978) 610-6870 29 Domino Drive, Concord www.dominovet.com</p>

Animals/Pets: Emergency Planning

Emergency Planning with Pets/Animals	<p>A very useful online resource to help in planning for emergencies with pets and animals.</p> <p>www.ready.gov/pets</p>
Phinney's Friends	<p>A volunteer organization that helps pets owners keep and care for their pets. At times, they can also offer temporary foster services.</p> <p>617-979-8705 www.phinneys.org/get-help</p>
Safe People Safe Pets	<p>SPSP works to temporarily place animals while a survivor of domestic abuse is leaving the home and in transition, and does not have an alternative caretaker for the animal. SPSP work with veterinarians, shelters and volunteer foster homes to provide a temporary safe home. SPSP also provides assistance and planning to people who are thinking of leaving an abusive home with an animal.</p> <p>Please have your advocate contact the program by emailing or calling.</p> <p>617-999-3055 SafePeopleSafePets@yahoo.com www.safepeoplesafepets.org</p>

Animals/Pets

The Second Step Pet Safety Hotline	<p>The Second Step offers a Pet Safety Hotline for emergency shelter and planning for those with pets leaving domestic violence situations.</p> <p>781-235-8460 thesecondstep.org/get-help</p>
Buddy Dog	<p>Buddy Dog is a shelter committed to caring for and finding homes for displaced dogs and cats. Buddy Dog is a part of the Humane Society.</p> <p>978-443-6990 info@buddydoghs.org 151 Boston Post Road (Rt. 20) Sudbury, MA www.buddydoghs.com</p>

Animals/Pets: Surrendering Services

MSPCA Angell Pet Surrender	<p>If you are no longer able to care for your animal, you can bring him/her to an MSPCA location. Please call an adoption center in order to make an appointment for surrender. Adoption centers take in owned animals as well as stray cats and small mammals. If you have found a stray dog, contact the animal control officer in the town in which the dog was found. Information is available online.</p> <p>www.mspca.org/programs-resources/surrender-an-animal</p>
Worcester Animal Rescue League – Pet Surrender	<p>Worcester Animal Rescue League has a pet surrender service that accepts animals being surrendered due to behavior issues and for other reasons. Surrendering senior pets is not encouraged. Detailed information on guidelines and the process is available online.</p> <p>worcesterarl.org/programs-resources/surrendering-a-pet</p>

Clothing

Clothing

Acton Congregational Church Thrift Store	<p>The church runs a thrift store offering affordably priced, lightly used clothing, small housewares, toys, CDs and books.</p> <p>978-263-1050 12 Concord Road, Acton, MA www.actonc.org/cornerstone thrift shop</p>
Acton Food/Clothing Pantry of Boxborough	<p>Both food and clothing are available at the Acton Food Pantry. Must provide proof of residency.</p> <p>978-635-9295 info@actoncommunitysupper.org Building #1, Lower Level in the Boxborough Office Park at 235 Summer Road, Boxborough, MA https://www.actonfoodpantry.org/</p>
Belle of the Ball	<p>Distributes prom dresses to girls who would not otherwise have the opportunity to attend their school's prom.</p> <p>978-851-3721 info@caringpartnersinc.org http://antons.com/belle/</p>
Dress for Success	<p>Provides clothing for job interviews and the first few weeks of work, plus career assistance to women in the Boston area.</p> <p>617-779-2177 worldwide@dressforsuccess.org 989 Commonwealth Avenue, Boston, MA https://boston.dressforsuccess.org/</p>
Open Table - Clothing Give Away	<p>Sporadically throughout the year, Open Table offers a clothing give away. Contact Open Table directly for more information on when these events might be held.</p> <p>978-369-2275 info@opentable.org www.opentable.org</p>

Disability Services

Disability Services

Hotlines: *Call 911 in an immediate crisis situation*

Massachusetts Disabled Persons Protection Commission: www.mass.gov/dppc/

Disability Services

*Other related resources may be found under Mental Health.

AbilityOne	Works to enable people who are blind or living with disabilities to achieve their maximum employment potential. 800-999-5963 info@abilityone.gov www.abilityone.org
MetroWest Legal Services	Provides free legal help for low- income, elderly and disabled people. Handle cases regarding housing, domestic violence, government benefits, education, MassHealth, Medicare, guardianship and other health care issues, not criminal cases. 800-696-1501; 508-620-1830 63 Fountain Street, Suite 304, Framingham, MA www.mwlegal.org
Federation for Children With Special Needs (FCSN)	Provides support to parents navigating special education, info on health advocacy, community engagement, and more. 800-331-0688 fcsninfo@fcsn.org www.fcsn.org
Advocates Inc.	Services for families and individuals with mental health challenges, chemical dependency, intellectual disabilities, deafness, autism, brain injuries and other life challenges. <i>24-Hour Crisis Support:</i> 800-640-5432; <i>Phone:</i> 508-628-6300 Info@Advocates.org www.advocatesinc.org

Disability Services

Disability.gov	<p>Offers comprehensive information on disability programs and services, including how to apply for disability benefits, find a job, get healthcare or pay for accessible housing.</p> <p>866-633-7365 disability.gov</p>
Concord Commission on Disability	<p>The Town of Concord's Committee on Disability was formed to promote the inclusion and integration of persons with all types of disabilities in the community.</p> <p>For more information, please email the Committee at disabilitycom@concordma.gov</p>
Work Without Limits	<p>Work Without Limits is designed specifically for job seekers with disabilities seeking to work and advance their careers.</p> <p>877-937-9675 info@workwithoutlimits.org 333 South Street, Shrewsbury, MA www.workwithoutlimits.org</p>
Massachusetts Commission for the Blind (MCB)	<p>MCB provides a variety of services and information for the sight impaired.</p> <p>617-727-5550 MCBInfo@state.ma.us www.mass.gov/mcb</p>
Massachusetts Commission for the Deaf and Hard of Hearing (MCDHH)	<p>MCDHH provides a wide range of services for the hard of hearing including case management, classes in sign language and support groups.</p> <p>617-573-1600 www.mass.gov/mcdhh</p>
Massachusetts Office on Disability (MOD)	<p>MOD has a wide range of information, technical assistance and advocacy for people with disabilities.</p> <p>617-727-7440 https://www.mass.gov/orgs/massachusetts-office-on-disability</p>

Disability Services

Massachusetts Rehabilitation Commission (MRC)	<p>MRC is responsible for community and vocational rehab services, and eligibility determination for SSDI and SSI. Family or friends may apply on someone else's behalf, as long as the requested device is for use by the person with a disability.</p> <p>800-245-6543 https://www.mass.gov/orgs/massachusetts-rehabilitation-commission</p>
Minute Man Arc	<p>Offers support for people with developmental and intellectual disabilities including social and recreational activities, residential services, and employment services.</p> <p>978-287-7900 35 Forest Ridge Road, Concord www.minutemanarc.org</p>
Perkins School for the Blind	<p>Perkins has a variety of services for those who meet eligibility requirements, including access to the library, diagnostic evaluations, low vision clinic, and classes.</p> <p>617-924-3434 Info@Perkins.org 175 North Beacon Street, Watertown, MA www.perkins.org</p>
Family Ties	<p>A network to support families helping children with disabilities. They have a directory of intervention services.</p> <p>800-905-TIES (8437) www.massfamilyties.org</p>
The Massachusetts Assistive Technology Loan Program	<p>The Loan Program gives elders and people with disabilities access to low interest cash loans to purchase assistive devices and services. Assistive Technology (AT) is any device that helps a person achieve greater independence.</p> <p>800-244-2756 ext. 428; ext.431; TTY 800-564-9700 MassATLoan@eastersealsma.org www.massatloan.org</p>

Disability Services

Carlisle Integrated Preschool	<p>Offers an integrated learning environment providing special needs students the opportunity to learn alongside their typically developing peers.</p> <p>978-369-3758 wverbits@carlisle.k12.ma.us www.carlisle.k12.ma.us/Page/687</p>
Concord Integrated Preschool	<p>Concord Integrated Preschool is designed to foster a positive first school experience for preschool students with disabilities and their community peers. The program is for Concord residents and children of CPS/CCHS Staff.</p> <p>978-318-1500 joshea@concordps.org preschool.concordps.org</p>
Disability Law Center (DLC)	<p>Provides info, referrals, and assistance regarding rights of people with disabilities, access to community services, special education, healthcare, and disability benefits.</p> <p>617-723-8455; 800-872-9992 mail@dlc-ma.org www.dlc-ma.org</p>

Disability Services: Transportation

THE RIDE from the MBTA	<p>MBTA door-to-door service available 365 days a year to those who cannot use fixed-route transit due to physical, cognitive or mental disability. Application with physician's signature necessary.</p> <p>800-533-6282; 617-222-5123; TTY 617-222-5146 https://www.mbta.com/accessibility/the-ride</p>
Palms Pride	<p>Palms Pride provides non-emergency medical, ambulatory and wheelchair accessible transportation services in New England. Services can be booked online using the website below or by phone, using the phone number below.</p> <p>781-373-3460 http://www.palmsprideinc.com/bookings Services operate out of 24 Crescent Street, Waltham, MA</p>

Disability Services

R.E.M Services	<p>R.E.M Services is a non-emergency medical transportation provider that utilizes several forms of service to assist mobility impaired and wheelchair-bound clients for their many needs.</p> <p>617-876-0444 4C Yankee Division, Bedford, MA http://remservices.weebly.com/</p>
Pride Star EMS	<p>Offers transportation for people in wheelchairs. The Chair Car Division also offers transportation to and from special events for patients at nursing homes and assisted living facilities.</p> <p>978-441-0911 bshanley@pridestarems.com Based out of 229 Stedman Street, Lowell, MA www.pridestarems.com</p>
Minuteman Senior Services (MMSS)	<p>MMSS helps seniors and people with disabilities live in the setting of their choice by engaging community resources.</p> <p>781-272-7177 elderinfo@minutemansenior.org www.minutemansenior.org</p>
Gentle Arms Daily, Chelmsford Chair Car	<p>Provides door-to-door transportation in Concord and surrounding towns. Can accommodate wheelchairs. Please give as much lead time as possible when scheduling.</p> <p>978-244-0199 Services are based out of Chelmsford, MA</p>
Need-A-Lift	<p>Provides door- to-door service, wheelchair transport, ambulatory transport, and more. Generally, not available on weekends, but it is possible to arrange.</p> <p>978-534-0041 Services are based out of 132 Crawford Street, Leominster, MA www.needaliftmedivan.com</p>

Domestic Violence / Sexual Violence Support

Domestic Violence / Sexual Violence

Hotlines:

*For issues of personal safety, do not view these websites if you suspect your computer is being monitored by a violent partner. Most internet use and phone calls are traceable even after computer history is cleared. *Call 911 in an immediate crisis situation*

Asian Taskforce Against Domestic Violence:

617-338-2355

<https://www.atask.org/site/>

Boston Area Rape Crisis Center:

800-841-8371

www.barcc.org

Child-at-Risk:

800-792-5200 www.mass.gov/eohhs/gov/departments/dcf/child-abuse-neglect/

Domestic Violence Services Network:

888-399-6111

www.dvsn.org

Massachusetts Disabled Persons Protection Commission Abuse Reporting:

800-426-9009

mass.gov/dppc/

The National Domestic Violence 24 Hour Hotline:

800-799-7233

www.thehotline.org

The Network / LA Red:

24-hour support, info, referrals, and crisis intervention for LGBTQ individuals.

Voice: 617-742-4911 and Toll-Free: 800-832-1901

New Hope:

800-323-HOPE (4673)

www.new-hope.org/

Domestic Violence / Sexual Violence Support

Parental Stress Line:

800-632-8188

www.parentshelpingparents.org

Rape Crisis Center of Greater Lowell (includes Concord):

800-542-5212

Reach Beyond Domestic Violence:

800-899-4000 (Can provide shelter information)

www.reachma.org

Safelink Hotline (Casa Myrna Vazquez):

877-785-2020

casamyrna.org

Voices Against Violence:

800-593-1125

<http://www.smoc.org/voices-against-violence.php>

Domestic Violence / Sexual Violence Support

Domestic Violence Services Network (Concord)	DVSN Advocates support clients in identifying their own path for change and finding appropriate intervention. They also assist in risk assessment, safety planning, and referrals to viable, effective and appropriate resources. <i>Helpline: 888-399-6111; Office: 978-318-3421</i> dvvap@concordma.gov http://www.concordnet.org/273/Domestic-Violence-Services-Network-Inc
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Domestic Violence / Sexual Violence Support

MetroWest Legal Services	<p>Provides free legal help for low- income, elderly, and disabled people. They only handle cases regarding housing, domestic violence, government benefits, education, MassHealth, Medicare, nursing home issues, guardianship and other health care issues, not criminal cases.</p> <p>800-696-1501; 508-620-1830 63 Fountain Street, Suite 304, Framingham, MA www.mwlegal.org</p>
Safelink	<p>SafeLink provides resources for survivors to learn how they and their families can stay safe.</p> <p>877-785-2020; TTY 877-521-2601 https://www.casamyrna.org/get-support/safelink/</p>
Jane Doe: The Massachusetts Coalition Against Sexual Assault and Domestic Violence	<p>Offers education, support, economic empowerment, prevention, and social change to end sexual assault and domestic violence.</p> <p>617-248-0922; TTY 617-263-2200 info@janedoe.org www.janedoe.org</p>
REACH Beyond Domestic Violence	<p>Provides safety and support services to survivors of abuse while engaging communities to promote healthy relationships and prevent domestic violence.</p> <p><i>Hotline:</i> 800-899-4000; <i>Office:</i> 781-891-0724 info@reachma.org www.reachma.org</p>
The Second Step	<p>The Second Step partners with adult and children survivors of domestic violence to identify a pathway to physical and emotional healing, as well as housing and financial security.</p> <p>617-965-3999 info@TheSecondStep.org www.thesecondstep.org</p>

Domestic Violence / Sexual Violence Support

The Network / LA Red	<p>The Network/LA Red is a social justice organization that works to end partner abuse in LGBTQ communities. Offers a confidential, 24-hour hotline for support, resource referral, and crisis intervention. Individual and group support, and a housing pathways program offered.</p> <p>Hotline: Voice: 617-742-4911, Toll-Free: 800-832-1901 Office: 617-695-0877 info@tnlr.org PO Box 6011 Boston, MA 02114</p>
Boston Area Rape Crisis Center (BARCC)	<p>BARCC offers support to individuals or loved ones who have experienced any type of sexual violence. Services include crisis intervention, next steps for support, free legal resources, counseling services, and more. Office in Boston (989 Commonwealth Ave), Cambridge (99 Bishop Allen Drive) and Waltham (24 Crescent Street, Suite 202).</p> <p>24/7 Free Hotline 800-841-8371 617-492-8306 https://barcc.org</p>
Casa Myrna Vazquez	<p>Casa Myrna offers supportive services for domestic abuse situations. They offer free support for survivors in the form of community advocacy, housing advocacy, emergency transfers, legal advocacy, economic stability, counseling, children's services, residential programs and more. A free, confidential 24-hour hotline answered by multilingual advocates is also offered.</p> <p>Hotline: 877-785-2020 Office: 617-521-0100 info@casamyrna.org casamyrna.org</p>

Donations Accepted & Volunteer Opportunities

Donations Accepted & Volunteer Opportunities

2Volunteer	<p>2Volunteer is a community-based organization working with CCHS to help students engage in community service and to make community service opportunities readily available.</p> <p>2Volunteer@concordps.org www.2volunteeronline.org</p>
Perkins School for the Blind	<p>Perkins has a variety of services, including a library, diagnostic evaluations, a low vision clinic, and classes. Volunteer opportunities are available for just a few hours or longer.</p> <p>Volunteer line: 617-972-7224 Volunteers@Perkins.org Donation line: 617-972-7328 www.perkins.org 175 North Beacon Street, Watertown, MA</p>
Belle of the Ball	<p>Belle of the Ball distributes prom dresses and accessories at no charge to high school girls. Donations are accepted at all Anton's Cleaners, Jordan's Furniture and Enterprise Bank locations. Volunteer opportunities are also available.</p> <p>978-851-3721 info@caringpartnersinc.org http://antons.com/belle/</p>
Acton Food/Clothing Pantry of Boxborough	<p>The Acton Food/Clothing Pantry accepts donations of less-perishable food, baby items and personal care items. Volunteer opportunities are available. Donations can be dropped at the pantry and donation drop boxes are located throughout Acton.</p> <p>978-635-9295 info@actoncommunitysupper.org foodpantryvolunteer@actoncommunitysupper.org fooddonations@actoncommunitysupper.org Building #1, Lower Level in the Boxborough Office Park at 235 Summer Road, Boxborough, MA https://www.actonfoodpantry.org/</p>

Donations Accepted & Volunteer Opportunities

Mt. Calvary Community Supper	<p>Mt. Calvary serves a community supper open to all. Meals are served restaurant-style. Many volunteer opportunities such as cooks, packers, servers and cleanup crew are available.</p> <p>Mt. Calvary Lutheran Church, 472 Mass Ave, Acton, MA 978-263-5156 info@mtcalvaryacton.org www.mtcalvaryacton.org/community-supper</p>
Minute Man Arc Recreation Volunteers	<p>MinuteMan Arc provide supports for people of all ages who have disabilities. They are seeking musical, social, artistic, and chorus performance volunteers ages 17 and older.</p> <p>978-287-7936 dheller@minutemanarc.org</p>
Minuteman Senior Services (MMSS)	<p>MMSS seeks volunteers to deliver Meals on Wheels, lead Healthy Living Workshops, or be a SHINE counselor and assist Medicare consumers. Other opportunities are available.</p> <p>781-221-7001 volunteer@minutemansenior.org 26 Crosby Drive, Bedford, MA www.minutemansenior.org</p>
Table of Plenty in Chelmsford	<p>Table of Plenty has free weekly dinners, all are welcome. Many volunteer opportunities such as cooks, set-up crew, clean-up crew, delivery driver and dishwasher are available.</p> <p>978-710-8328 tableofplentyinchelmsford@gmail.com First Parish Unitarian Universalist Church: 2 Westford Street, Chelmsford, MA tableofplentyinchelmsford.org</p>
Concord Children's Center (CCC)	<p>CCC welcomes volunteers interested in assisting teachers. CCC serves infants through school age children. The greatest need is for volunteers able to make a commitment to a specific day.</p> <p>978-369-3747 1300 Main Street, Concord, MA concordchildrenscenter.org/support-ccc/volunteering</p>

Donations Accepted & Volunteer Opportunities

The Wish Project	<p>Focuses on providing furniture, household goods, and baby needs for families in need. Accepts furniture, baby gear/goods, clothing, home goods and appliances as donations.</p> <p>866-947-4360 info@thewishproject.org 166 Middlesex Street, North Chelmsford, MA thewishproject.org In depth donation info: thewishproject.org/fundraising/donate-goods</p>
Big Brother Big Sister (BBBS)	<p>BBBS accepts furniture, clothing and household items. Donations are primarily sold to support the BBBS mentoring program. At-home pickups can be scheduled.</p> <p>617-542-9090 info@bbbsmb.org www.bbbsfoundation.org</p>
Buddy Dog	<p>Buddy Dog accepts pet supplies for both dogs and cats in either new or good condition. Also accepts office supplies.</p> <p>978-443-6990 info@buddydoghs.org 151 Boston Post Road, Sudbury, MA http://www.buddydoghs.com/donate</p>
Concord Drop Off/ Swap Off	<p>Bring things you no longer want or need (clean and in working condition), and take away things you can use.</p> <p>Contact Public Works for more information: 978-318-3206 www.concordma.gov/pages/ConcordMA_Recycle/dropoff</p>
Cradles to Crayons	<p>Cradles to Crayons provides low-income children with supplies like clothes, school supplies, toys, and more. They accept donations and they also provide volunteer opportunities.</p> <p>617-779-4700 155 North Beacon Street, Brighton, MA http://www.cradlestocrayons.org/boston</p>

Donations Accepted & Volunteer Opportunities

The Cornerstone - Acton Congregational Church Thrift Store	<p>Acton Congregational Church runs The Cornerstone, a thrift store offering lightly used clothing, small housewares, toys, CDs and books. Donations are welcome.</p> <p>978-263-1050 12 Concord Road, Acton, MA www.actonc.org/cornerstone_thrift_shop</p>
Dress for Success	<p>Accepts gently used, nearly-new professional attire and cash donations.</p> <p>617-779-2177 worldwide@dressforsuccess.org https://boston.dressforsuccess.org/get-involved/donate/</p>
English at Large	<p>A non-profit that matches volunteer tutors with English learners. In need of volunteer tutors, conversation group leaders, and office volunteers (ages 18+).</p> <p>781-395-2374 volunteer@englishatlarge.org www.englishatlarge.org/volunteer-opportunities</p>
Goodwill	<p>Clothing, linens and household items are accepted at the Crosby's Market parking lot.</p> <p>211 Sudbury Road in Concord</p>
Freecycle	<p>Online source where free items are posted. Availability contingent on posts by community members.</p> <p>www.freecycle.org</p>
Gaining Ground Farm	<p>Each year Gaining Ground Farm donates over 30,000 pounds of fresh organic produce to people in need. Volunteers are needed to help on the farm and in the office.</p> <p>978-610-6086 office@gainingground.org www.gainingground.org/volunteer</p>

Donations Accepted & Volunteer Opportunities

Harvey's Treasure Chest	<p>Donations of household goods are accepted at the gift shop and the front desk of the Council on Aging.</p> <p>978-318-3020 1276 Main Street, Concord www.concordma.gov/916/Senior-ServicesCouncil-on-Aging</p>
Household Goods	<p>Accepts donations of furniture and household goods. Pickups can be scheduled. Also seeks volunteers for shifts in Acton, public relations, quality control, training and recruiting.</p> <p>Volunteering 635-1710 X6, General 978-635-1710 info@householdgoods.org 530 Main Street, Acton, MA householdgoods.org/donate/donate-goods</p>
Massachusetts Coalition for the Homeless	<p>Accepts gently used furniture, baby items, household goods, and school supplies. Pickups for furniture items is possible.</p> <p>781-595-7570 robyn@mahomeless.org https://www.mahomeless.org/donate</p>
Newbury Court	<p>Newbury Court is a not-for-profit residence for singles and couples ages 62 or older. Volunteer opportunities are available.</p> <p>100 Newbury Court, Concord, MA http://www.newburycourt.org/volunteers.htm</p>
Open Table	<p>Works to address food insecurity. Donations of food, hygiene items, dishwashing and laundry detergents are accepted. Volunteer opportunities are available.</p> <p>978-369-2275 Pantry email: pantry@opentable.org Volunteer email: volunteer@opentable.org www.opentable.org</p>

Donations Accepted & Volunteer Opportunities

Sudbury Community Food Pantry	<p>Sudbury Food Pantry accepts food donations at Sudbury Farms (439 Boston Post Rd), Shaw's (509 Boston Post Rd) and BHHS Stephan Real Estate (400 Boston Post Rd). To arrange a time to donate, and/or for more information, contact the pantry.</p> <p>978-443-7725 Pantry located at Our Lady of Fatima Church, 160 Concord Road Sudbury, MA sudburyfoodpantry.org/donate</p>
Vietnam Veterans of America	<p>A national veteran's service organization serving the needs of all veterans throughout the nation. Household items and clothing donations are accepted.</p> <p>800-882-1316 www.vva.org</p>
Planet Aid	<p>Donation bin accepts used clothing and shoes. Located at Wave Gas, 1211 Main Street in Concord.</p> <p>508-893-0644 info@planetaid.org www.planetaid.org</p>
St. Vincent De Paul of Boston	<p>Donated items are given directly to people in need. Furniture and household items are accepted.</p> <p>781-344-3100 svdpinfo@svdpboston.org www.svdpboston.com/donate.php</p>
Family Table (Kosher)	<p>New England's largest Kosher food pantry. Donations are accepted and volunteer opportunities are available.</p> <p>781-647-5327 info@jfcsboston.org JF&CS Headquarters: 1430 Main Street, Waltham, MA www.jfcsboston.org/Our-Services/Community-Services/Center-for-Basic-Needs-Assistance/Family-Table</p>

Donations Accepted & Volunteer Opportunities

Lex Eat Together	<p>Lex Eat Together offers a weekly meal in Lexington. Many off-site and on-site volunteer opportunities are available.</p> <p>lexeattogether@gmail.com The Church of Our Redeemer: 6 Meriam Street, Lexington, MA www.lexeattogether.org</p>
Caritas Communities	<p>Caritas is the largest non-profit owner and manager of permanent veteran and single-room occupancy housing in Greater Boston. Many volunteer opportunities are available.</p> <p>781-843-1242 ext. 25 caritascommunities.org/support-us/volunteer</p>
Middlesex Human Service Agency	<p>Middlesex Human Service agency runs a food pantry, mobile market and soup kitchen that all have volunteer opportunities.</p> <p>781-883-2050 foodservice@MHSAlnc.org 50 Prospect Street, Suite 3, Waltham, MA www.mhsalnc.org/volunteer</p>
Habitat for Humanity of Greater Lowell ReStore	<p>The ReStore is a retail store which sells new and gently used furniture, appliances, building materials and home goods. All proceeds fund the mission of building safe, decent, affordable homes for local families. Volunteers 14 and older are welcome.</p> <p>978-692-0927 100 Chelmsford Road, North Billerica (around back) lowellhabitat.org/volunteer</p>
Bridge Over Troubled Waters	<p>Works to improve the lives of runaway, homeless, and high-risk youth through services that guide youth toward self-sufficiency. Many volunteer opportunities are available.</p> <p>617-423-9575; TTY: 617-423-9575 ext. 355 bridge@bridgeotw.org www.bridgeotw.org/volunteer</p>

Education

Scholarships –

Concord-Carlisle Scholarship Fund

CCSF awards scholarships to students for undergraduate education who have completed secondary school and are current or past residents of Concord or Carlisle, or attended school in either town. Yearly reapplication is necessary, and funding may change over the course of four years. For more information: www.thescholarshipfundofcc.org.

Concord Area Preschool Association (CAPA) Marcia Stern Scholarship Program

A preschool tuition scholarship is available to families of preschool children living in Concord, Carlisle and surrounding towns, who could not otherwise afford the cost of preschool. Priority is given to children aged 4 or 5 who have not attended preschool and will begin school next fall. For more information, contact Anita Stevanazzi-Hill at 978-318-3045 or ahill@concordma.gov.

Preschool / Pre-K / Kindergarten

Carlisle Integrated Preschool	<p>Carlisle Integrated Preschool offers an integrated learning environment providing special needs students with the opportunity to learn and grow alongside their typically developing peers.</p> <p>978-369-3758 wverbits@carlisle.k12.ma.us www.carlisle.k12.ma.us/Page/687 83 School Street, Carlisle, MA</p>
Concord Integrated Preschool	<p>Concord Integrated Preschool offers a positive first school experience for students with disabilities and community peers. They provide the foundation for kindergarten readiness by encouraging children to become independent, self-confident learners. The program is for Concord residents and children of CPS/CCHS staff.</p> <p>978-318-1500 joshea@concordps.org preschool.concordps.org</p>
Milldam Nursery School	<p>Milldam Nursery School is a private, cooperative preschool with half-day only programming. Scholarships are available.</p> <p>www.milldamnurseryschool.org 20 Lexington Road, Concord</p>

Education

Carlisle Kids' House	<p>Serves children 15 months to Pre-K, and Kindergarten through grade 6, with after-school, full and partial day programs. School year programs, summer camps, and drop-in care are also available.</p> <p>978-369-5558 exec_director@carlislekidshouse.org www.carlislekidshouse.org 142 East Street, Carlisle, MA</p>
Noah's Ark Nursery School	<p>Serves toddlers through Pre-K with a partial-day program, and an optional extended day. The school is run with a Christian philosophy and only operates during the school year.</p> <p>978-371-0037 noahsarktwo@comcast.net www.noahsarkcarlisle.com 147 School Street, Carlisle, MA</p>
Concord Children's Center (CCC)	<p>CCC serves children ages 10 weeks through grade 2 with full or partial day, full year programs. Offers year-round infant or toddler care, preschool education, plus an afterschool program for children aged K through grade 2.</p> <p>978-369-6790 executive@concordchildrenscenter.org concordchildrenscenter.org 1300 Main Street, Concord</p>
Concord Carousel Preschool	<p>Concord Carousel Preschool operates as a 2-day, 3-day, or 4-day option. For more information, please contact Childcare Service Manager, Anita Stevanazzi-Hill.</p> <p>ahill@concordma.gov 978-318-3045 ma-concordsummercamp.civicplus.com/163/Concord-Carousel-Preschool 1276 Main Street, Concord</p>

Education

Elementary Schools

Thoreau Elementary (Concord)	A public elementary school located in West Concord. 978-318-1300 https://thoreau.concordps.org 29 Prairie Street, Concord
Willard Elementary (Concord)	A public elementary school located in Concord. 978-318-1340 https://willard.concordps.org 185 Powder Mill Road, Concord
Alcott Elementary (Concord)	A public elementary school located in Concord. 978-318-9544 https://alcott.concordps.org 93 Laurel Street, Concord
Carlisle Elementary	A public elementary school located in Carlisle center. 978-369-6550 https://www.carlisle.k12.ma.us 83 School Street, Carlisle, MA
The Fenn School	A private all boys' school, for grades 4 – 9, located in Concord. 978-369-5800 www.fenn.org 516 Monument Street, Concord

Education

Middle Schools

Carlisle Middle School	A public middle school in Carlisle center. 978-369-6550 https://www.carlisle.k12.ma.us 83 School Street, Carlisle, MA
The Fenn School	A private all boys' school, for grades 4 – 9, located in Concord. 978-369-5800 www.fenn.org 516 Monument Street, Concord
Sanborn Middle School (Concord)	A public middle school located in West Concord. 978-318-1380 cms.concordps.org 835 Old Marlboro Road, Concord
Peabody Middle School (Concord)	A public middle school located in West Concord. 978-318-1360 cms.concordps.org 1231 Old Marlboro Road, Concord

High Schools

Minuteman Regional High School	Minuteman is a public, regional vocational technical high school located in Lexington. 781-861-6500 www.minuteman.org 758 Marrett Road, Lexington, MA
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Education

The Fenn School	<p>The Fenn School is a private all boys' school, for grades 4 – 9, located in Concord.</p> <p>978-369-5800 www.fenn.org 516 Monument Street, Concord</p>
Concord-Carlisle High School	<p>CCHS is a public regional high school for the towns of Concord and Carlisle. Located in Concord.</p> <p>978-318-1400 www.concordcarlisle.org 500 Walden Street, Concord</p>
Concord Academy	<p>Concord Academy is a private, college preparatory, co-ed boarding and day school (for local residents) for grades 9 - 12.</p> <p>978- 402-2200 concordacademy.org 166 Main Street, Concord</p>

Adult Education

Concord-Carlisle Adult and Community Education	<p>Offers a broad range of classes available to Concord and Carlisle residents of all ages, from art to driver's education to language.</p> <p>978-318-1432 ace@concordps.org 500 Walden Street, Concord http://www.concordcarlisleace.org/</p>
Minuteman Regional High School - Continuing and Community Education	<p>Minuteman Continuing Ed has both online and traditional in-person courses on a large range of topics including business, creative arts, driver's education, music, language and personal finance.</p> <p>ed2go.support@cengage.com www.ed2go.com/mmce</p>

Extra-Curricular Activities

Extra-Curriculars

Boys and Girls Club of Assabet Valley	<p>Located in Maynard, the club offers a variety of programs that are typically lower in cost than similar programs in the community.</p> <p>978-461-2871 212 Great Road, Maynard, MA http://www.bgcav.org/</p>
Boy Scouts of Concord	<p>The Boy Scouts organize trips and programs for boys based on scouting ideals.</p> <p>scoutmaster@troop132.com www.troop132.com</p>
Girl Scouts of Concord-Carlisle	<p>The Girl Scouts facilitate a range of activities for girls grades K - 12, from community service to camping. Financial aid is available.</p> <p>www.ccgirlscouts.org</p>
Concord-Carlisle High School Extracurricular Activity Information	<p>Information on clubs and extracurricular activities available before and after school at CCHS.</p> <p>978-318-1400 500 Walden Street, Concord http://www.concordcarlisle.org/co-curricular/</p>
Concord Middle School Extracurricular Activity Information	<p>Information on clubs and extracurricular activities available before and after school at CMS.</p> <p><i>Peabody:</i> 978-318-1360 <i>Sanborn:</i> 978-318-1380 835/1231 Old Marlboro Road, Concord http://cms.concordps.org/after-school-activities/</p>
Orchard House Youth and Family Programs	<p>The Orchard House offers an array of programs for youth throughout the year to connect with the rich history of Concord.</p> <p>399 Lexington Road, Concord 978-369-4118 jturnquist@louisamayalcott.org https://louisamayalcott.org/events</p>

Extra-Curricular Activities

Concord Recreation (Hunt Recreation Center and Beede Swim & Fitness Center)	<p>Concord Recreation offers swimming, fitness, and lifeguarding classes, sports, summer camps, preschool, before and after school care programs, children's theater and music classes.</p> <p><i>Hunt Recreation Center: 978-287-1050</i> 90 Stow Street, Concord</p> <p><i>Beede Swim & Fitness Center: 978-287-1000</i> 498 Walden Street, Concord www.concordrec.com</p>
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Music / Art / Theater

Concord Center for the Visual Arts	<p>The Concord Center for the Visual Arts acts as a local art resource organizing art classes, workshops and exhibitions.</p> <p>978-369-2578 37 Lexington Road, Concord www.concordart.org</p>
The Concord Conservatory of Music (CCM)	<p>CCM offers programs for children, teens and adults. CCM has lessons, classes, ensembles, as well as concerts and lecture series.</p> <p>978-369-0010 info@concordconservatory.org 1317 Main Street, Concord www.concordconservatory.org</p>
Concord Youth Theatre (CYT)	<p>CYT has acting classes and performance opportunities for children and young adults. Performances are held regularly for the public.</p> <p>978-371-1482 53 Church Street, Concord www.concordyouththeatre.org</p>
Instrumental Musical School of Carlisle and Concord	<p>Music lessons are available for children and young adults regardless of skill level at The Instrumental Musical School.</p> <p>978-341-2490 ext. 7653 http://www.concordcarlisleace.org/music-lessons/</p>

Extra-Curricular Activities

The Umbrella Arts Center	<p>An arts organization with studio space and a variety of learning opportunities for all ages, youth summer camps, afterschool, and vacation week programs. Offers tuition assistance for classes.</p> <p>978-371-0820 info@theumbrellaarts.org 40 Stow Street, Concord http://theumbrellaarts.org/</p>
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Sports

Concord-Carlisle Youth Baseball/Softball	www.ccyb.org
Concord-Carlisle Youth Basketball	www.ccybasketball.org
Concord-Carlisle Youth Football	www.ccyouthfootball.com/site
Concord-Carlisle Youth Hockey	www.ccyh.org
Concord-Carlisle Youth Lacrosse	www.leagueathletics.com/Default.asp?org=CCYOUTHLLACROSSE.COM
Concord-Carlisle Youth Soccer	www.ccysoccer.org
Patriot Hoop Clinics	<p>Offers year round basketball programs for elementary and middle school youth. A Boys Summer Camp is also offered.</p> <p>aaron@patriothoopclinics.com www.patriothoopclinics.com Clinics take place at Concord Carlisle High School 500 Walden Street, Concord</p>
Concord Carlisle Youth Football	<p>CCYF offers flag football, tackle football, and clinics for the youth in Concord.</p> <p>203-903-6020 www.ccyouthfootball.com</p>

Faith Communities

Faith Communities

Acton-Concord Friends Meeting	978-263-8660 <i>Mailing:</i> Acton Friends Meeting, c/o Douglas Armstrong, P.O Box 1401, Shirley, MA 01464 <i>Meeting:</i> Meetings in Friends' Homes http://neym.org/meetings/acton
Concord Baha'i Faith	800-22-UNITE concordbahais@gmail.com www.concordbahais.org
Congregation Kerem Shalom	978-369-1223 ksadmin@keremshalom.org 659 Elm Street, Concord www.keremshalom.org
Duval Chapel at the New England Deaconess Association	978-369-5151 80 Deaconess Road, Concord www.nedeaconess.org/spiritual-life.htm
First Church of Christ, Scientist	978-369-2933 fccscrr@gmail.com 7 Lowell Road, P.O. Box 67, Concord www.csconcordma.org
First Parish Unitarian Universalist	978-369-9602 contact@firstparish.org 20 Lexington Road, Concord http://firstparish.org/wp/
Holy Family Parish Catholic Church	978-369-7442 12 Monument Square, Concord www.holyfamilyconcord.org
New Life Community Church	978-369-0061 info@newlife.org 40 Stow Street, Concord www.newlife.org

Faith Communities

Redeemer Presbyterian Church	978-254-7353 office@redeemerma.org 1276 Main Street, Concord http://www.redeemerma.org/default.asp?sec_id=1955
Trinitarian Congregational Church	978-369-4837 info@triconchurch.org 54 Walden Street, Concord www.triconchurch.org
Trinity Episcopal Church	978-369-3715 trinity@trinityconcord.org 81 Elm Street, Concord www.trinityconcord.org
West Concord Union Church	978-369-6309 office@westconcordunionchurch.org 1317 Main Street, Concord www.westconcordunionchurch.org

Financial Assistance

Hotlines:

Child Support Enforcement Hotline:

888-369-0323

Cold Home Relief Heatline:

800-632-8175

www.mass.gov/hed/community/energy/

Collection Complaints Hotline:

888-752-3028

Debt Relief Hotline:

888-790-1337

Free Bankruptcy Advice Hotline:

888-734-2585

Homeowner's Hope Hotline:

Information on mortgages, financial planning, and foreclosure prevention:

888-995-HOPE (4673) www.995hope.org

Mortgage Relief Hotline:

888-770-7312

Pro Bono Foreclosure Assistance Hotline through MassLegalHelp:

800-342-5297; 617-603-1700

Student Loan Relief Hotline:

888-856-2668

Tax Debt Relief Hotline:

888-452-7841

Financial Assistance

Financial Advice, Debt and Tax Management

Property Tax Relief	<p>The Hugh Cargill Trust Committee administers funds for property tax relief. All requests are confidential.</p> <p>978-318-3100 ext.2030 HCTC@concordma.gov</p>
Concord Town Assessors	<p>Concord has tax exemption and property tax relief programs available for low-income, veterans, and senior homeowners. Tax relief is also available for properties used for agricultural purposes. Contact the Assessor's Office for more info.</p> <p>978-318-3070 assessing@concordma.gov</p>
Consumer Assistance Office—Metro West	<p>Offers information on auto sales, home improvement, landlord/tenant relationships, credit, debt, and more.</p> <p>508-651-8812 209 W Central St #304. Natick, MA https://caomw.org/</p>
Consumer Credit	<p>This website offers bankruptcy, credit and housing counseling, and help forming debt management programs.</p> <p>800-464-5243 www.consumercredit.com</p>
Free Tax Advice for Lower Income Residents of Concord	<p>Contact the Concord Council on Aging for more information. Tax returns are done by appointment.</p> <p>978-318-3020 www.concordma.gov/916/Council-on-AgingSenior-Services</p>
National Foundation for Credit Counseling	<p>NFCC provides credit, housing and bankruptcy counseling, as well as other financial education and consumer tools.</p> <p>800-388-2227 https://www.nfcc.org/</p>

Financial Assistance

SCORE	<p>Provides free business counseling, info on finances, planning, marketing and sales to help start and run a business.</p> <p>978-922-9441 director@concordchamberofcommerce.org www.scorenemass.org</p>
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General Financial Assistance

Bonny Wilbur—Community Services Coordinator	<p>Assists families and individuals under the age of 60 with information and referrals on financial assistance, domestic violence issues, fuel and food assistance, legal services, housing, camp, childcare, holiday gift assistance, disability and mental health support. All services are free and confidential. <i>To maintain confidentiality, meetings are by appointment only.</i></p> <p>978-318-3034 55 Church Street, Concord bwilbur@concordma.gov www.concordma.gov/community</p>
Department of Transitional Assistance (DTA)	<p>DTA works with low-income individuals and families to find jobs, increase income, find housing, and more.</p> <p>617-348-8500; 877-382-2363 131 Davidson Street, Lowell, MA https://www.mass.gov/orgs/departments-of-transitional-assistance</p>
The Society of St. Vincent de Paul	<p>St. Vincent de Paul provides emergency short-term assistance for rent, heat, electric, food, appliance and automobile costs, clothing, medical, and dental bills for those who are in crisis.</p> <p>978-369-7442 ext. 229</p>
Hugh Cargill Trust	<p>Provides emergency financial assistance. Also has a tax relief program for qualified homeowners.</p> <p>978-318-3100 ext.2030 HCTC@concordma.gov https://www.concordma.gov/1155/Hugh-Cargill-Trust-Committee</p>

Financial Assistance

Housing Financial Assistance

Concord Cares	<p>An emergency oil disbursement program providing fuel to individuals and families <i>in a crisis situation</i>. To apply, contact Bonny Wilbur, Community Services Coordinator, at 978-318-3034. If age 60 or older, contact the Council on Aging at 978-318-3020.</p> <p>After hours, contact the Concord Fire Department at 978-318-3488 or the Concord Police Department at 978-318-3400.</p>
Salvation Army's Good Neighbor Energy Fund (GNEF)	<p>Financial assistance towards heating bills. Yearly income must meet certain requirements. Contact Bonny Wilbur, Community Services Coordinator, at 978-318-3034, for more information.</p> <p>http://www.magoodneighbor.org/</p>
National Grid	<p>National Grid offers a discount for their low-income customers. If you are enrolled in a state benefit program, you may be eligible.</p> <p>1-800-231-5325 https://www.nationalgridus.com/MA-Home/Bill-Help/Payment-Assistance-programs</p>
Residential Assistance Rate for Electricity	<p>If you receive fuel assistance, reduced school lunch, SNAP or other benefit programs, you may be eligible for Concord's reduced residential assistance rate for the first 500 kWh per month of electricity, and a reduced meter charge.</p> <p>978-318-3101 concordlight@concordma.gov http://www.concordma.gov/464/Municipal-Light-Plant</p>
South Middlesex Opportunity Council (SMOC) Fuel Assistance Program	<p>Low-income households receive help with their heating bills through SMOC's Low-Income Home Energy Assistance Program. Contact Bonny Wilbur, Community Services Coordinator, at 978-318-3034 to request an application. If age 60 or older, contact the Council on Aging at 978-318-3020.</p> <p><i>SMOC Energy & Financial Assistance: 508-620-1230</i> <i>SMOC General Offices: 508-872-4853</i> www.smoc.org/smoc-fuel-assistance.php</p>

Financial Assistance

Residential Assistance for Families in Transition (The RAFT Program)	<p>RAFT is a homelessness prevention program for low-income families at risk of being homeless, funded by the Department of Housing and Community Development.</p> <p>617-573-1100; TTY: 617-573-1140 www.mass.gov/orgs/housing-and-community-development</p>
Internet Essentials (A Comcast Service)	<p>Internet Essentials offers affordable internet and low-priced computers to families with at least one child enrolled in the National School Lunch Program.</p> <p>855-8-INTERNET (855-846-8376) www.internetessentials.com</p>
Small Grant Program	<p>The Concord Housing Development Corp. (CDHC) provides financial assistance to Concord homeowners for the purpose of making their home safe, healthy, and energy efficient. Applications are accepted anytime and are awarded in February, June and October.</p> <p>978-287-1092 Lara Plaskon, Program Administrator Lara@RHSOHousing.org</p>

Legal Financial Assistance

Boston Bar Association Lawyer Referral Services	<p>The Boston Bar Association offers referrals to private attorneys, including a reduced-fee panel.</p> <p>617-742-0615 www.bostonbarlawyer.org/</p>
Massachusetts Bar Association Lawyer Referral Service	<p>Has referrals to private attorneys, including a reduced-fee panel who charge no more than \$75/hour.</p> <p>866-MASSLRS (866-627-7577); 617-654-0400 www.masslawhelp.com/</p>
Massachusetts Legal Answers Online	<p>Free service for low-income residents who cannot afford a lawyer. Free legal advice about non-criminal legal problems.</p> <p>www.masslao.org</p>

Financial Assistance

Massachusetts Legal Resource Finder	<p>Helps find free civil legal aid, legal information, court-based lawyer-for-the-day programs, and lawyer referral services.</p> <p>www.masslegalservices.org/findlegalaid</p>
Greater Boston Legal Services (GBLS)	<p>GBLS provides legal help in non-criminal cases for low-income people. Requires screening for low-income eligibility.</p> <p>617-371-1234; TTY: 617-371-1228</p> <p>www.gbls.org</p>
Harvard Legal Aid Bureau	<p>A student-run legal aid service with no charge for low-income individuals with a particular focus on housing, eviction, government benefits, disability, and unemployment.</p> <p>617-495-4408 hlab@mail.law.harvard.edu 23 Everett Street, Cambridge, MA</p> <p>www.harvardlegalaid.org/</p>
Health Law Advocates, Inc.	<p>Dedicated to health care access, they provide free legal assistance to hundreds of Massachusetts families each year.</p> <p>617-338-5241</p> <p>www.healthlawadvocates.org</p>
Dial-A-Lawyer	<p>On the first Wednesday of every month from 5:30pm to 7:30pm Dial-A-Lawyer provides free legal advice by telephone.</p> <p>617-338-0610; 877-686-0711</p>
MetroWest Legal Services	<p>Provides free legal help for low- income and disabled people. Only handles cases regarding housing, domestic violence, government benefits, education, MassHealth, Medicare, guardianship and other health care issues, not criminal cases.</p> <p>800-696-1501; 508-620-1830 63 Fountain Street, Suite 304, Framingham, MA</p> <p>www.mwlegal.org</p>

Food Assistance

Hotlines:

Food Source Hotline:

800-645-8333; TTY 800-377-1292 www.projectbread.org

Mass 2-1-1:

Offers aid with childcare, workforce training, physical and mental health difficulties, housing and rental information, food and more. Dial 211

Food Assistance

Acton Food Pantry of Boxborough (participates in Gluten Free Program)	<p>Food and clothing available to eligible individuals and families. Proof of Concord residency is required. To qualify for the Gluten Free Program, a signed letter from a physician is necessary.</p> <p>978-635-9295 info@actoncommunitysupper.org Building #1, Lower Level in the Boxborough Office Park 235 Summer Road, Boxborough, MA https://www.actonfoodpantry.org/</p>
Concord Public Schools Food Services (free and reduced meals information)	<p>Concord Public Schools offer free and reduced breakfasts and lunches for qualifying families. One application is needed per household. Apply at any time throughout the school year.</p> <p>Bryce MacKnight (Director of Food and Nutrition Services) 978-202-1165 bmacknight@concordps.org www.concordpublicschools.net/food-and-nutrition-services/</p>
East End House (participates in Gluten Free Program)	<p>No residency restrictions, bring I.D. and a form of income verification on your first visit. To qualify for the Gluten Free Program, a signed letter from a physician is necessary.</p> <p>617-876-4444 info@eastendhouse.org 105 Spring Street, Cambridge, MA www.eastendhouse.org/programs-and-services/emergency-food-program</p>

Food Assistance

Mt. Calvary Community Supper	<p>Mt. Calvary serves a community supper open to all. Meals are served restaurant-style, gluten free meals can be prepared. Suppers take place at Mt. Calvary Lutheran Church in Acton.</p> <p>Mt. Calvary Lutheran Church 472 Massachusetts Ave, Acton, MA 978-263-5156 info@mtcalvaryacton.org www.mtcalvaryacton.org/community-supper</p>
Family Table (Kosher)	<p>New England's largest Kosher food pantry.</p> <p>781-647-JFCS (5327) info@jfcsboston.org JF&CS Headquarters: 1430 Main Street, Waltham, MA www.jfcsboston.org/Our-Services/Community-Services/Center-for-Basic-Needs-Assistance/Family-Table</p>
Open Table	<p>Open Table offers food pantry services and community dinners to residents of Concord and nearby towns. No application required.</p> <p><i>Open Table Voicemail</i> 978-369-2275 <i>Snail Mail</i> Open Table, P.O. Box 42, Concord info@opentable.org www.opentable.org</p>
Project Bread	<p>Project Bread provides information on finding food sources, applying for SNAP benefits, applying for free and reduced lunches, and finding summer meals for kids under 18.</p> <p>617-723-5000 info@projectbread.org www.projectbread.org</p> <p>Additionally, see Project Bread's two other websites: www.gettingsnap.org www.meals4kids.org</p>

Food Assistance

Supplemental Nutritional Assistance Program (SNAP)	<p>SNAP assists individuals and families with funds to purchase food. You can apply in person, online or by mail to this program. Project Bread (listed on previous page) may have supplemental information beyond that listed at mass.gov/snap.</p> <p>877-382-2363 www.mass.gov/snap</p>
Table of Plenty	<p>Table of Plenty in Chelmsford offers free weekly dinners. All are welcome, no residency or income requirements.</p> <p>978-710-8EAT (8328) tableofplentyinchelmsford@gmail.com First Parish Unitarian Universalist Church: 2 Westford Street, Chelmsford, MA http://tableofplentyinchelmsford.org/</p>
Women, Infants, & Children (WIC)	<p>WIC targets low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, as well as infants, and children up to their 5th birthday, providing supplemental nutritious food, nutrition education, and screening and referrals to other health, welfare and social services .</p> <p>800-942-1007 www.fns.usda.gov/wic/</p>
The Stow Food Pantry	<p>The Stow Food Pantry provides food and personal items. The Pantry operates out of the Pompo Community Center.</p> <p>978-897-4230 stowfoodp@gmail.com http://stowfoodpantry.com Pompo Community Center, 509 Great Road, Stow, MA</p>

Health

Hotlines:

Call 911 in an immediate crisis situation

Cancer Information Services:

800-4-CANCER (800-422-6237)

www.cancer.gov

Consumer Health Helpline:

Answers questions on co-payments, health insurance rules, and other insurance questions.

800-272-4232

Lead Poisoning:

800-424-LEAD (5323)

Mass 2-1-1:

Offers aid with child care, workforce training, physical & mental health difficulties, housing & rental information, food and more.

Dial 211

Poison Control: 800-222-1222;

www.poison.org

Health

Boston Bikes	<p>A Boston-based organization providing bike safety information to cyclists and drivers, summaries of bike rights and laws, as well as a low-cost helmet initiative. These helmets can be purchased in locations around the Boston area, including Cambridge.</p> <p>617-635-4680 BTB@Boston.gov 1 City Hall Square, Room 721, Boston, MA www.bostonbikes.org</p>
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Health

Kids Health	<p>Kids Health has information on sexuality, puberty, disease control and prevention, school, drugs and alcohol, and mental health for teens and young people.</p> <p>http://kidshealth.org/</p>
Concord Health Department	<p>The Health Department enforces state and local statutes and regulations relative to the protection of public health, the control of disease, and the protection of the environment from damage and pollution.</p> <p>978-318-3275 141 Keyes Road, Second Floor, Concord http://www.concordma.gov/616/Health</p>
Massachusetts Dental Society	<p>The MA Dental Society provides a directory of dental centers that provide lower rates for patients without insurance.</p> <p>800-342-8747 http://www.massdental.org/dentalcenters.aspx</p>
Emerson Hospital	<p>A variety of support groups offered at Emerson, covering topics such as addiction, cancer, post-partum, celiac, and sleep disorders, as well as health and wellness classes, speakers, financial information, and volunteer options.</p> <p>978-369-1400; TTY 800-439-0183 133 Old Road Nine Acre Corner, Concord www.emersonhospital.org</p>
Make Smoking History	<p>Information on tobacco smoking and quitting from the Massachusetts Department of Public Health.</p> <p>800-QUIT-NOW (784-8669) www.makesmokinghistory.org</p>

Health

Massachusetts Injury Prevention Program	<p>Information on injury prevention including emergency care, falls, bikes, suicide prevention, poison intervention and water safety.</p> <p>617-624-5557 Rebekah.Thomas@state.ma.us www.mass.gov/dph/injury</p>
Medication Disposal	<p>The Concord Police Department offers a drug disposal program for the safe and free disposal of expired or unwanted medications, in an effort to prevent abuse and environmental harm through improper disposal.</p> <p>It can be used 24-hours a day, and is found at the Concord Police Station at 219 Walden Street in Concord. Police Station Business Line: 978-318-3400.</p> <p>A mail in drug disposal service is also offered. Residents can mail in expired opioids and/or benzodiazepines in their original packaging or a sealed bag for safe disposal. To request an envelope, use this link: med-project.org/locations/massachusetts/mail-back-services</p> <p>Concord also conducts twice yearly a Drop Off Swap Off event where residents can dispose of unwanted medications and sharps, as well as bring home sharps' collection containers for disposal. Contact Public Works for more information at 978-318-3206. www.concordnet.org/412/DropOff-SwapOff-Days</p>
Melanoma Foundation of New England	<p>Information about the disease itself, as well as prevention, care, and support.</p> <p>800-557-6352 info@impactmelanoma.org www.impactmelanoma.org/</p>

Health

Tick information from the Town of Concord	<p>The Town of Concord website offers information on ticks and tick-borne illnesses, as well as reduced-fee testing of ticks to determine if they carry pathogens.</p> <p>www.concordnet.org/717/Tick-borne-Diseases</p>
WhoHelmets	<p>Information on bicycle and motorcycle helmet safety, purchasing an appropriate helmet for adults and children, and helmet laws.</p> <p>www.whohelmets.org</p>
Federation for Children With Special Needs (FCSN)	<p>FCSN offers support for parents navigating special education programs (including topics such as IEPs and MCAS), family support, information on health advocacy, community engagement, and other programs.</p> <p>800-331-0688 info@fcsn.org www.fcsn.org</p>
Emerson Hospital's Steinberg Wellness Center for Mind and Body	<p>Emerson's Steinberg Center has classes available on a variety of topics including child/infant care and wellness, exercise, diet, mental health, self-defense and more.</p> <p>978-287-3777; TTY: 800-439-0183 310 Baker Avenue, Suite 165, Concord http://www.emersonwellness.org/</p>

Health

Mental Health

Hotlines:

Call 911 in an immediate crisis situation

Emergency Psychiatric Services:

877-382-1609

Advocates Inc. Hotline:

800-640-5432

Boston Area Rape Crisis Center:

800-841-8371

www.barcc.org

Call2Talk:

24/7 free confidential mental health and emotional support call line for individuals and families

508-532-CALL (2255)

Eliot Community Human Services: Psychiatric emergency services.

800-988-1111

eliotchs.org

Mass 2-1-1:

Offers aid with childcare, workforce training, physical and mental health, housing and rental information, food and more. Dial 211

National Suicide Prevention Lifeline:

800-273-8255; TTY 800-799-4889

Health

William James College Interface Referral Service:

Assists in finding appropriate mental health services for children, families and adults.

888-244-6843;

617-332-3666 x 1411

msppinterface.org

National Hopeline Network:

800-442-HOPE (4673)

800-SUICIDE (784-2433)

877-YOUTHLINE

(877-968-8454)

Teen to teen peer counseling

www.hopeline.com

Regional Advocates, Inc. Psychiatric Emergency Services:

800-540-5806

MA Substance Abuse Helpline:

800-327-5050

<https://helplinema.org/>

LGBT National Help Center Hotline & Talklines

Hotline 888-843-4564 Mon-Fri 4pm-12am, Sat 12pm-5pm

Sage LGBT+ Elder Hotline 888-234-7243 Mon-Fri 4pm-12am, Sat 12pm-5pm

Youth Talkline Mon-Fri 800-246-7743

National Alliance on Mental Illness (NAMI) Helpline:

781-982-3318

Health

Mental Health

Active Minds	<p>A non-profit mental health advocacy group aimed at college students. Provides resources and support groups.</p> <p>202-332-9595 www.activeminds.org/index.php</p>
Advocates Inc.	<p>Services for families and individuals with mental health challenges, chemical dependency, intellectual disabilities, autism, brain injuries and other life challenges.</p> <p>508-628-6300; 774-999-0606 Info@Advocates.org 1881 Worcester Road, Framingham, MA www.advocatesinc.org</p>
Fleur de Lis Camp Circle Week (for Bereaved Girls)	<p>Fleur de Lis Camp's Circle Week is a free one-week, overnight camp for girls ages 9-13 who have experienced the death of a parent. The program integrates traditional overnight camp activities with the opportunity to do "grief work" under the guidance of professional bereavement staff.</p> <p>603-585-7751 circle@fleurdeliscamp.org www.fleurdeliscamp.org/circle-of-fleur-de-lis</p>
Children's Behavioral Health Initiative (CBHI)	<p>CBHI provides in-home services to youth on MassHealth with significant behavioral, emotional and mental health needs.</p> <p>www.mass.gov/masshealth/cbhi</p>
Asperger's Association of New England (AANE)	<p>AANE's mission is to foster awareness and support for individuals with Asperger Syndrome and their families. The information line provides parents, adults with AS, teachers, and professionals with info, support, resources and referrals.</p> <p>617-393-3824 info@aane.org www.aane.org</p>

Health

The Trevor Project	<p>Offers support, resources, crisis intervention, and a suicide prevention hotline for LGBTQ youth, or for family members or loved ones looking for support or resources.</p> <p>Free 24/7 Lifeline 866-488-7386 www.thetrevorproject.org info@thetrevorproject.org</p>
LGBT National Help Center	<p>Provides free and confidential peer support and local resources related to coming-out, relationships, bullying, safe sex and more. Free and confidential Talklines and Hotlines are also offered.</p> <p>help@LGBThotline.org www.glbthotline.org</p>
Multi-Service Eating Disorders Association (MEDA)	<p>MEDA helps to connect patients with assessments, support groups for the patient and family, skill sessions, and treatment programs.</p> <p>617-558-1881 288 Walnut Street, Suite 130, Newton, MA www.medainc.org</p>
National Suicide Prevention Lifeline	<p>The NSP Lifeline provides support for people in distress, and their loved ones. Centers provide counseling and mental health referrals.</p> <p>800-273-8255 For deaf / hard of hearing: 800-799-4889 suicidepreventionlifeline.org</p>
National Alliance on Mental Illness (NAMI) Central Middlesex Affiliate	<p>NAMI provides free mental health family-based education, family and peer support, as well as mental health-related info including treatment options and information on Social Security Disability.</p> <p>Helpline: 781-982-3318 nami.cmsx@gmail.com www.namicentralmiddlesex.org/</p>

Health

Postpartum Support International of Massachusetts	<p>Dedicated to promoting awareness, prevention, and treatment of mental health issues related to childbearing.</p> <p>800-944-4773 psiofmass@gmail.com www.postpartum.net/locations/massachusetts/</p>
SMOC Behavioral Health Services	<p>Provides substance abuse and mental health outpatient services. In addition, SBH provides substance abuse residential services to individuals including pregnant and postpartum women.</p> <p>508-879-2250; TTY: 844-807-7989 www.smoc.org/behavioral-health-services.php</p>
William James College Interface Referral Service	<p>Offers a helpline to assist in finding mental health services for children, families, and adults by helping to match location and insurance requirements. Provides information and local resources on a range of mental health-related topics.</p> <p>Mon – Fri, 9:00 AM to 5:00 PM Helpline: 888-244-6843 interface.williamjames.edu</p>
Statewide Head Injury Program (SHIP)	<p>SHIP provides a broad range of services to support individuals with traumatic brain injury and their families.</p> <p>617-204-3852 SHIPU@MRC.state.ma.us 600 Washington Street, Boston, MA www.mass.gov/service-details/statewide-head-injury-program-ship</p>
MassHousing Hoarding Resources	<p>Provides information on hoarding, including what hoarding is, ways to approach it, and a resource guide.</p> <p>www.masshousingrental.com/portal/server.pt?open=512&objID=330&&PageID=13463&mode=2</p>

Health

Massachusetts Commission for Suicide Prevention (MSCP)	<p>MCSP works with government agencies, as well as in partnership with community-based agencies to reduce the incidence of suicide and self-harm. They host meetings and trainings.</p> <p>info@masspreventssuicide.org www.masspreventssuicide.org</p>
The Hoarding of Animals Research Consortium	<p>Has a variety of information on topics including intervention, animal welfare, and public health issues of animal hoarding.</p> <p>www.vet.tufts.edu/hoarding/</p>
Grow A Strong Family, Inc.	<p>Provides customized family life education services to families who have loved ones with mental illnesses.</p> <p>781-405-8376 gasfinc@outlook.com www.GrowAStrongFamily.org</p>

Mental Health: Support Groups / Therapy (For Individuals, Family & Friends)

Clutterers Anonymous (for hoarding)	<p>Holds weekly group meetings working to overcome hoarding issues together. Meetings held at Calvary Church United Methodist.</p> <p><i>Meeting Information Phone: 866-402-6685</i> 300 Massachusetts Avenue, Arlington, MA http://www.clutterersanonymous.org/</p>
North Shore Center for Hoarding and Cluttering	<p>Provides individual and group therapy sessions.</p> <p>978-750-4540 info@nselder.org www.nselder.org/north-shore-center-for-hoarding-decluttering/</p>

Health

Families for Depression Awareness	<p>Offers mental health care consultation services with an experienced counselor for assessment, guidance, coaching, and referrals.</p> <p>781-890-0220 info@familyaware.org http://familyaware.org/</p>
Compassionate Friends	<p>Compassionate Friends organizes a support group for families who have lost a child. The Concord chapter meets at Trinity Church.</p> <p>781-444-1091 cgc603@aol.com Trinity Episcopal Church, 81 Elm Street, Concord www.compassionatefriends.org</p>
American Association for Marriage and Family Therapy (AAMFT)	<p>AAMFT is a professional association of marriage and family therapists, they offer resources including an online therapist locator.</p> <p>703-838-9808 www.aamft.org</p>
Parents Helping Parents Parental Stress Line and Support Groups	<p>Runs a 24/7 support hotline for parents and caregivers with problems related to their children. Support groups offering practical feedback and experience with other parents are available.</p> <p>Hotline 1-800-632-8188 info@parentshelpingparents.org www.parentshelpingparents.org</p>
Support Groups at Emerson	<p>A variety of support groups are offered at Emerson Hospital covering topics such as addiction rehabilitation, cancer, sleep disorders, post-partum issues, and celiac disease.</p> <p>978-369-1400 133 Old Road Nine Acre Corner, Concord hwww.emersonhospital.org/community-programs/support-groups</p>

Health

Jeff's Place (Children Bereavement Center)	<p>Facilitates healthy integration of loss for children, teens, and their families. Therapy is offered on a sliding fee scale.</p> <p>508-879-2800 info@jeffsplacemetrowest.org 34 Deloss Street, Framingham, MA www.jeffsplacemetrowest.org</p>
Depression Bipolar Support Alliance of Boston	<p>A resource for people with affective disorders and their families. Offers support groups and trainings related to affective disorders.</p> <p>617-855-2795 http://dbsaboston.netfirms.com/</p>
Eliot Community Human Services	<p>Offers support for children, adolescents, adults, seniors, and families for mental health, developmental disabilities, counseling, substance abuse, and youth programming, as well as homelessness.</p> <p>978-369-1113 Concord Location: 86 Baker Street Extension, Suite 100 www.eliotchs.org</p>

Substance Misuse Hotlines:

Substance Abuse and Mental Health Services Administration (SMHSA)

Hotline/Helpline: 24/7 National Helpline 800-662-4357 (English and Spanish)

Partnership for Drug-Free Kids	<p>The Partnership provides online resources for parents concerned about their children and drugs.</p> <p>855-DRUGFREE (378-4373) www.drugfree.org/</p>
Substance Abuse and Mental Health Services Administration (SMHSA)	<p>SMHSA runs a national helpline to provide referrals for individuals and family members facing mental and/or substance use disorders.</p> <p>24/7 National Helpline 800-662-4357 (English and Spanish) Regular line 877-726-4727 www.samhsa.gov/find-help/national-helpline</p>

Health

Learn2Cope	<p>A support organization that offers education and resources for family members coping with a drug-addicted loved one.</p> <p><i>Support:</i> 508-801-3247; <i>Office:</i> 508-738-5148 ltc@learn2cope.org www.learn2cope.org</p>
Alcoholics Anonymous	<p>The only requirement for membership is a desire to stop drinking.</p> <p>617-426-9444 www.aaboston.org</p>
Al-anon Family Groups of Massachusetts	<p>Al-anon offers support to family and friends of alcoholics.</p> <p>508-366-0556 ldcofma@aol.com www.ma-al-anon-alateen.org</p>

Low-Income and Uninsured Health Resources

The Catastrophic Illness in Children Relief Fund (CICRF)	<p>Provides financial assistance to families caring for children with large medical expenses not covered by health insurance. Applicant must be age 21 or younger, under a doctor's care, and meet financial thresholds.</p> <p>800-882-1435 www.mass.gov/cicrf</p>
Consumer Health Helpline	<p>Questions on co-payments, health insurance rules, and other insurance questions.</p> <p>800-272-4232 www.hcfama.org/</p>
Edward M. Kennedy Community Health Center	<p>Offers medical, dental, and behavioral health care, plus a low-cost pharmacy, regardless of an individual's ability to pay.</p> <p>800-853-2288 info@kennedychc.org www.kennedychc.org</p>

Health

Lowell Community Health Center	<p>Provides services to adults and children regardless of their ability to pay.</p> <p>978-937-9700; TTY: 978-221-6700 161 Jackson Street, Lowell, MA www.lchealth.org</p>
Massachusetts Dental Society	<p>The link below provides a list of community health centers offering low-cost dental care.</p> <p>800-342-8747 www.massdental.org/dentalcenters.aspx?id=792</p>
Massachusetts Health Connector	<p>A health insurance marketplace that makes shopping for health and dental coverage easier.</p> <p>877-623-6765; TTY: 877-623-7773 www.mahealthconnector.org</p>
Massachusetts League of Community Health Centers	<p>Serves as an information source on community-based health care, and provides details about locations of low-cost health clinics.</p> <p>617-426-2225 massleague@massleague.org http://www.massleague.org/</p>
MassHealth (Medicaid)	<p>Health coverage for costs not paid by Medicare for those who meet eligibility requirements.</p> <p>800-841-2900; TTY: 800-497-4648 providersupport@mahealth.net mass.gov/eohhs/gov/departments/masshealth/ www.masshealth-dental.net</p>
Medicare	<p>Health coverage for in-patient and out-patient care for those who are 65 and older and meet eligibility.</p> <p>800-MEDICARE (800-633-4227) www.medicare.gov</p>

Health

InfantSEE	<p>A no-cost program providing eye and vision care for infants within the first year of life, regardless of a family's income or access to insurance coverage.</p> <p>314-983-4160 infantsee@aoa.org www.infantsee.org/</p>
MetroWest Free Medical Program	<p>The MetroWest Free Medical Program's Sudbury location is open at 105 Hudson St., Sudbury, MA.</p> <p>508-656-0740 (<i>English</i>) 508-656-0741 (<i>Portuguese and Spanish</i>) www.metrowestfreemedicalprogram.org</p> <p>The MetroWest Free Medical Program's Framingham location provides vision and women's health care by appointment only at 110 Edgell Road, Framingham, MA.</p> <p><i>Vision Appointments:</i> 508-656-0885 <i>Gynecology Appointments:</i> 508-656-0834</p>
One Care	<p>MassHealth and Medicare have joined together with health plans in Massachusetts to offer One Care: MassHealth plus Medicare. One Care is an easier option for people with disabilities to receive the full set of services provided by both MassHealth and Medicare. With One Care you have one plan, one card, and one person to coordinate your care.</p> <p>800-841-2900; TTY: 800-497-4648 www.mass.gov/one-care</p>
Women's Help Network: Department of Public Health	<p>Referrals to local health centers for free mammograms and cervical cancer tests.</p> <p>877-414-4447; TTY: 617-624-5992 www.mass.gov/womens-health-network-whn</p>

Home Furnishing / Free Items

Home Furnishing / Free Items

Craigslist	<p>The Craigslist free section can be a valuable resource for a wide array of free items. Availability contingent on posts by community members. The Concord Police Department invites residents to use the police station parking lot or lobby as a safe space to complete online transactions.</p> <p>www.boston.craigslist.org</p>
Concord Drop Off / Swap Off	<p>Bring things you no longer want or need (clean and in working condition), and take away things you can use. Everything you take is free. See online for dates, as well as what items can be dropped off for free, or for a small fee. There is usually a Drop Off / Swap Off in the fall and in the spring.</p> <p>Contact Public Works for more information: 978-318-3206. concordma.gov/412/DropOff-SwapOff-Days</p>
Freecycle	<p>Online source where free items are posted. Availability contingent on posts by community members.</p> <p>www.freecycle.org</p>
Household Goods, Inc.	<p>Household Goods, Inc. has free household goods including furniture, appliances, and dishes. Located in Acton, it requires a referral, and an appointment is required to pick up goods. Individuals and families can only use this resource once.</p> <p>978-635-1710 info@householdgoods.org 530 Main Street, Acton, MA www.householdgoods.org/</p>

Housing and Lodging—Temporary & Permanent

Hotlines:

Safelink (Casa Myrna Vazquez):

Confidential hotline for domestic violence. Helps victims connect with shelters in their area (an individual can call the line for support other than lodging as well). 877-785-2020; TTY 877-521-2601 casamyrna.org

Homeowner's HOPE™ Hotline: Information on mortgages, financial planning, and foreclosure prevention.

888-995-HOPE (4673) www.995hope.org

Mass 2-1-1:

Offers aid with childcare, workforce training, physical and mental health issues, housing and rental information, food, and more. Dial 211

Mortgage Payment Assistance:

800-750-8956

Pro Bono Foreclosure Assistance Hotline through Mass Legal Help:

800-342-5297; 617-603-1700

Housing and Lodging (Temporary & Permanent)

Eliot Community Human Services – Homelessness and Outreach Services	<p>Eliot's Homeless Outreach begins with the Federal and State funded <i>Project for Assistance in Transition from Homelessness</i> (PATH), which provides person-centered and trauma-informed support services to individuals with serious mental health illnesses, as well as those with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Outreach Clinicians and Engagement Specialists assess, and collaboratively develop, a recovery-oriented treatment plan that incorporates identified needs and preferences of the person served.</p> <p>781-861-0890 Contact@eliotchs.org www.eliotchs.org/services/homeless-services/</p>
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Housing and Lodging—Temporary & Permanent

Bridge Over Troubled Waters	<p>Works to improve the lives of runaway, homeless, and high-risk youth through counseling, emergency youth shelter, career development, runaway services, and more.</p> <p>617-423-9575; TTY: 617-423-9575 ext. 355 bridge@bridgeotw.org www.bridgeotw.org</p>
Caritas Communities	<p>The largest non-profit owner and manager of veteran and single-room occupancy housing in Greater Boston.</p> <p>781-843-1242 www.caritascommunities.org</p>
Concord Housing Authority (CHA)	<p>CHA develops and administers low and moderately priced housing for Concord residents. Applications for Section 8 housing vouchers, emergency housing, and low-income housing information is available online.</p> <p>978-369-8435 34 Everett St, Concord www.concordha.org</p>
Department of Housing and Community Development (DHCD)	<p>The DHCD provides foreclosure, housing, shelter, and fuel assistance information and resources.</p> <p>617-573-1100; TTY: 617-573-1140 www.mass.gov/orgs/housing-and-community-development</p>
Habitat for Humanity of Greater Lowell	<p>At Habitat for Humanity, families pay mortgages and put in labor in exchange for affordable home ownership. Families must fall within certain income guidelines and must attend a meeting for a housing application. Additional information on meeting dates and housing availability can be found online.</p> <p>978-692-0927 info@lowellhabitat.org www.lowellhabitat.org</p>

Housing and Lodging—Temporary & Permanent

Harvard Square Homeless Shelter	<p>The Harvard Square Homeless Shelter is run by Harvard students between November 1 and April 15. It offers beds, dinner and breakfast, laundry facilities, showers, and use of a computer.</p> <p><i>Local:</i> 617-547-2841; <i>Toll-free:</i> 888-285-4038 hshts.info@gmail.com 66 Winthrop Street, Cambridge, MA www.hshshelter.org/</p>
Home Owners Preservation Foundation	<p>Guides consumers onto the path of sustainable homeownership, provides financial education, pre-purchase counseling, homebuyer education, and confidential foreclosure prevention counseling.</p> <p>888-995-HOPE (4673) info@995hope.org www.995hope.org</p>
Massachusetts Department of Transitional Assistance (DTA)	<p>DTA provides homelessness prevention programs and short-term financial support for low-income families at risk of being homeless.</p> <p>508-661-6600 300 Howard Street, Framingham, MA www.mass.gov/orgs/departments-of-transitional-assistance</p>
Massachusetts Housing Consumer Education Centers	<p>Provides information addressing concerns of tenants, landlords, prospective buyers, and homeowners.</p> <p>617-397-9798 info@masshousinginfo.org www.masshousinginfo.org</p>
Middlesex Human Service Agency, Inc. (MHSA)	<p>The MHSA Bristol Lodge Shelters provide emergency shelter to homeless men and women. Support staff and case managers provide a safe environment, counseling, referrals, and other services.</p> <p>781-894-6110 info@MHSAinc.org 50 Prospect Street, Suite 3, Waltham, MA www.mhsainc.org/</p>

Housing and Lodging—Temporary & Permanent

Our Father's House	<p>Provides emergency and transitional shelter.</p> <p>978-345-3050 53 Lunenburg Street, Fitchburg, MA www.ofhshelter.com/Home_Page.html</p>
Regional Housing Services Office	<p>The Regional Housing Services Office provides affordable housing support and information.</p> <p>978-287-1090 <i>Office:</i> 37 Knox Trail, Acton, MA http://www.rhsohousing.org/</p>
Resources for Communities and People (RCAP)	<p>RCAP works to provide affordable housing, homelessness prevention, workforce development, and family unification services.</p> <p>800-488-1969 www.rcapsolutions.org</p>
South Middlesex Opportunity Council (SMOC)	<p>SMOC provides resources to low-income individuals and families including fuel assistance, mental health services, childcare and housing resources. They can help to connect individuals to shelters.</p> <p>508-872-4853 www.smoc.org</p>
Sudbury Housing Trust	<p>Provides resale and lottery services to facilitate home ownership opportunities for qualified households in deed-restricted units.</p> <p>978-639-3387 housingtrust@sudbury.ma.us 278 Old Sudbury Road, Sudbury, MA sudbury.ma.us/HousingTrust/</p>
Wayside Youth and Family Support Network	<p>Provides housing and transitional care to homeless young adults aged 18 - 22. They offer vocational and education support services for young people transitioning to adulthood.</p> <p>617-766-3377 116 & 118 North Street, Somerville, MA www.waysideyouth.org/OurServices/WaysideYoungAdultServices/ShortStopTransitionalHousing.aspx</p>

Job Search

The Career Place	<p>The Career Place offers personal and professional development workshops for job seekers (free for those within certain income guidelines), job postings, fairs, interviews, and more.</p> <p>781-932-5500 100 Trade Center, Suite G100, Woburn, MA www.thecareerplace.org</p>
Work Without Limits	<p>Work Without Limits is designed specifically for job seekers with disabilities seeking to work and advance their careers.</p> <p>877-937-9675 info@workwithoutlimits.org 333 South Street, Shrewsbury, MA www.workwithoutlimits.org</p>
MassHire Metro South/West	<p>The MassHire Metro South/West Career Centers provide valuable help to low-income, unemployed adults looking to support their families. Job seekers are given the opportunity to upgrade their skills, making them more employable, and offered useful resources such as career counseling and resume building software.</p> <p>508-281-6910 wbinfo@masshiremsw.com www.masshiremsw.com</p>
One Stop Career Center	<p>One Stop Career Center has information on local career centers, wages, salaries, benefits, education, scholarships, resumes, interviews and job seeking. They administer the federal Adult and Dislocated Worker Program.</p> <p>877-872-5627 info@careeronestop.org www.careeronestop.org</p>

Legal Services

American Civil Liberties Union of Massachusetts (ACLU)	<p>The ACLU works to defend and preserve the individual rights and liberties guaranteed by the Constitution, the Bill of Rights, and the laws of the United States.</p> <p>617-482-3170 info@aclum.org www.aclum.org</p>
Boston Bar Association Lawyer Referral Services	<p>The Boston Bar Association offers referrals to private attorneys, including a reduced-fee panel.</p> <p>617-742-0615 www.bostonbarlawyer.org/</p>
Communities for Restorative Justice (C4RJ)	<p>C4RJ is a community-police partnership that offers restorative justice to those affected by crime. They operate via police referrals and work to encourage offenders to make amends.</p> <p>978-318-3447 info@c4rj.com www.c4rj.com</p>
Disability Law Center (DLC)	<p>DLC is the Protection and Advocacy Agency for Massachusetts. DLC is responsible for providing protection and advocacy for the rights of residents with disabilities. They provide info, referrals, technical assistance and representation regarding legal rights and services for people with disabilities.</p> <p>617-723-8455; 800-872-9992 mail@dlc-ma.org www.dlc-ma.org</p>
The Divorce Center	<p>The Divorce Center is a not-for-profit organization that provides divorce resources, education, and support for people going through divorce or separation.</p> <p>508-446-4134 info@thedivorcecenter.org www.thedivorcecenter.org/</p>

Legal Services

Dial-A-Lawyer	<p>On the first Wednesday of every month from 5:30pm - 7:30pm Dial-A-Lawyer provides free legal advice by telephone.</p> <p>617-338-0610; 877-686-0711</p>
Federal Trade Commission Identity Theft Recovery Guide	<p>Provides information on reporting identity theft and creating a recovery plan.</p> <p>877-438-4338; TTY: 866-653-4261 https://www.identitytheft.gov/</p>
Greater Boston Legal Services (GBLS)	<p>GBLS provides legal help in non-criminal cases for low-income people. Requires screening for low-income eligibility.</p> <p>617-371-1234; TTY: 617-371-1228 www.gbls.org</p>
Harvard Legal Aid Bureau	<p>A student-run legal aid service with no charge for low-income individuals and with a focus on housing, eviction, government benefits, disability and unemployment.</p> <p>617-495-4408 hlab@mail.law.harvard.edu 23 Everett Street, Cambridge, MA www.harvardlegalaid.org/</p>
Health Law Advocates, Inc.	<p>Dedicated to healthcare access. Provides free legal assistance to hundreds of Massachusetts families each year.</p> <p>617-338-5241 www.healthlawadvocates.org</p>
Massachusetts Attorney General Fraud Protection Resources	<p>The Attorney General's Office assists consumers who have been victims of fraud, deception, and unfair business practices.</p> <p>617-727-2200; TTY: 617-727-4765 www.mass.gov/ago/public-safety/resources-for-victims/victims-of-consumer-fraud/consumers-resources.html</p>

Legal Services

Massachusetts Attorney General Landlord/Tenant Rights Resources	<p>Provides information on the laws and regulations between tenants and landlords in Massachusetts.</p> <p>617-727-2200; TTY: 617-727-4765 www.mass.gov/ago/consumer-resources/consumer-information/home-and-housing/landlord-and-tenant-law/landlordtenant-guide.html</p>
Massachusetts Bar Association Lawyer Referral Service	<p>Mass Bar Association has referrals to private attorneys, including a reduced-fee panel.</p> <p>866-MASSLRS (866-627-7577); 617-654-0400 www.masslawhelp.com/</p>
Massachusetts Legal Answers Online	<p>Free legal advice about non-criminal legal problems from volunteer lawyers.</p> <p>www.masslao.org</p>
MetroWest Legal Services	<p>MetroWest Legal Services provides free legal help for low-income, elderly, and disabled people. Clients must be screened for eligibility. They only handles cases regarding housing, domestic violence, government benefits, education and, for the elderly, MassHealth, Medicare, nursing home issues, defense of guardianship and other health care issues, not criminal cases.</p> <p>800-696-1501; 508-620-1830 63 Fountain Street, Suite 304, Framingham, MA www.mwlegal.org</p>

Summer Camps

Fleur de Lis Camp Circle Week (for Bereaved Girls)	<p>Fleur de Lis Camp's Circle Week is a free one-week, overnight camp for girls ages 9 - 13 who have experienced the death of a parent. The program integrates traditional overnight camp activities with the opportunity to do "grief work" in a safe and caring setting, under the guidance of professional bereavement staff.</p> <p>603-585-7751 circle@fleurdeliscamp.org www.fleurdeliscamp.org/circle-of-fleur-de-lis</p>
Summer Fenn Day Camp	<p>Offers day camps for children, half-day options, camps that visit off-site locations, extended day, specialty camps, and more. Swim lessons are also offered. Please inquire about financial assistance.</p> <p>978-318-3614 summercamp@fenn.org 516 Monument Street, Concord www.summerfenn.org</p>
Concord Academy Summer Camp	<p>Offers kiddie camp, day camp, teen adventure camp, and a Counselor-In-Training program. Specialty camps in academics, sports, arts, STEM and more are offered as well. Please inquire about financial assistance.</p> <p>978-402-2222 camp@concordacademy.org concordacademy.org/summer-camp 166 Main Street, Concord</p>
Camp Wonderland	<p>A sleep-away camp in Sharon, MA for ages 6 - 16. Swimming, boating, ropes course, arts and crafts, singing, dramatics, and more. Fees are designed so that every family can afford to send their children to camp, scholarships are offered. There is a Christian element to the camp.</p> <p>June - August Line: 781-784-5934 September - May Line: 339-502-5973 http://www.campwonderland.org</p>
Sudbury Parks and Recreation Summer Programs	<p>Offers an array of summer programs. STEM, arts, drama, sports, and more. A preschool program is also offered. Financial aid is available.</p> <p>978-443-1092 recreation@sudbury.ma.us sudburyrec.com/info/activities</p>

Summer Camps

Concord Recreation (Hunt Recreation Center and Beede Swim & Fitness Center)	<p>Concord Recreation offers swimming, fitness, and lifeguarding classes, sports, summer camps, preschool, before and after school care programs, children's theater and music classes.</p> <p><i>Hunt Recreation Center: 978-287-1050</i> 90 Stow Street, Concord, MA</p> <p><i>Beede Swim & Fitness Center: 978-287-1000</i> 498 Walden Street, Concord www.concordrec.com</p>
Wicked Cool for Kids Programs	<p>Offers summer, half-day, and vacation programs focusing primarily on science and tech. Programs offered in Concord and other towns.</p> <p>781-281-2180 info@wickedcoolforkids.com www.wickedcoolforkids.com/programs</p>
Carlisle Recreation Summer Camps	<p>Offers the Summer Fun Program which includes swim lessons, tennis, arts & crafts and more. Half-day or partial week enrollment possible.</p> <p>978-369-9815 hmansfield@carlislema.gov www.carlisle.org.assn.la</p>
Boys and Girls Club of Assabet Valley	<p>Located in Maynard, offers a variety of programs that are typically lower in cost than similar programs in the community.</p> <p>978-461-2871 brennan@bgcav.org 212 Great Road, Maynard, MA http://www.bgcav.org/</p>
Metro West YMCA Summer Camp	<p>Offers day camps for youth ages 3 - 16. Camps take place in Hopkinton, MA and Framingham, MA. Specialty camps are also offered. Financial aid is available. There is a financial assistance application available online, on the summer camp home page.</p> <p>General line for Metro West YMCA 508-879-4420 Camp Office line 508-435-9345 ycampoffice@metrowestymca.org www.metrowestymca.org/summer-camps</p>

Summer Camps

Mass Audubon Drumlin Farm Wildlife Sanctuary Summer Camp	<p>Mass Audubon offers two summer camps for campers ages 4 - 17. At Drumlin Farm Camp (Lincoln), campers experience a working farm and wildlife sanctuary, care for farm animals, practice farming, and observe wildlife. The Assabet River Camp (Sudbury) focuses on canoeing, tracking, archery, and hands-on exploration of the Assabet River National Wildlife Refuge. Financial Aid is available.</p> <p>Camp Director 781-259-2223 Camp Office 781-259-2244 www.massaudubon.org/get-outdoors/wildlife-sanctuaries/drumlin-farm/summer-camp</p>
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Arts Summer Camps

Middlesex School Summer Arts Camp	<p>Provides a nurturing environment for artists entering grades 1 through grade 11 of all abilities to pursue and develop their passion for the arts. Scholarships available (an early application is needed for consideration).</p> <p>978-371-6550 mssa@mxschool.edu www.mxschoolsummerarts.org</p>
Concord Youth Theatre Summer Classes (CYT)	<p>CYT offers summer theater workshop opportunities for ages 4 through grade 8. More information and tuition is listed online.</p> <p>978-371-1482 concord_youth_theatre@concordyouththeatre.org concordyouththeatre.org/summer 53 Church Street, Concord</p>

Sports Summer Camps

Star Camps	<p>Star Camps offer youth camps for baseball, basketball, field hockey, lacrosse, soccer, softball, volleyball and multisport. An extended day option is also available, and scholarships are considered upon request. For more information email, call, or go online. All camps take place at Concord Carlisle High School.</p> <p>978-618-0232 info@starcamps.com www.starcamps.com</p>
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Summer Camps

Target Soccer Academy	<p>Offers a high school boys' clinic and weeklong summer camps. Programs happen in Concord and Wakefield, MA.</p> <p>978-505-1426 raypavlik@targetsocceracademy.com www.targetsocceracademy.com</p>
Patriot Hoop Clinics	<p>Offers an intensive boys' summer camp for players of all levels with a focus on enjoyment and improvement of the game of basketball.</p> <p>aaron@patriothoopclinics.com www.patriothoopclinics.com Clinics take place at CCHS, 500 Walden Street in Concord</p>

Scholarships

Note Regarding Silent Fund and Community Chest Camp Scholarships-

Funding is limited for these camp scholarships, and area camps may offer their own financial assistance. Residents are urged to inquire if scholarship assistance is available directly from the camp before completing the scholarship application. These scholarships are NOT available for Concord Recreation, as Concord Recreation administers their own scholarship programs.

Silent Fund Camp Scholarship	<p>Concord's Silent Fund offers scholarships to low-income Concord families with a child interested in attending a camp or summer program. Preference is given to families where no parent is home during the day. For more information, contact Bonny Wilbur, Community Services Coordinator, by email or phone.</p> <p>978-318-3034 bwilbur@concordma.gov</p>
Concord-Carlisle Community Chest Camp Scholarship	<p>The Community Chest offers scholarships to low-income families in Concord or Carlisle with a child interested in attending a camp or summer program. Scholarships are modest in amount and paid directly to the camp. For more information, contact Bonny Wilbur, Community Services Coordinator, by email or phone.</p> <p>978-318-3034 bwilbur@concordma.gov</p>

Transportation

Transportation

Council on Aging Van (COA)	<p>The COA van has weekday, door-to-door service, with appointment. You must be 60 or older, and able to board the van independently. The van makes grocery store runs.</p> <p>978-318-3020 http://www.concordma.gov/947/Transportation</p>
Friends in Service Helping of Concord (FISH)	<p>FISH is volunteer-run and provides free transportation, Mon to Fri, to medical appointments within Concord. Call in advance.</p> <p>978-369-2244 https://www.cccommunitychest.org/who-we-help/friends-in-service-helping-fish/</p>
Good News Garage	<p>The Good News Garage, in cooperation with the MA Rehab Commission (MRC), provides cars to people with disabilities who otherwise could not afford to buy a car to get to work. Applicants must request a referral from their MRC Counselor.</p> <p>877-400-6065 www.goodnewsgarage.org</p>
Palms Pride	<p>Provides non-emergency medical, ambulatory and wheelchair accessible transportation. Services can be booked online.</p> <p>781-373-3460 http://www.palmsprideinc.com/bookings Services operate out of 24 Crescent Street, Waltham, MA</p>
Gentle Arms Daily, Chelmsford Chair Car	<p>Based in Chelmsford, Gentle Arms provides door-to-door transportation in Concord and surrounding towns. They can accommodate wheelchairs.</p> <p>978-244-0199</p>

Transportation

Massachusetts Bay Transportation Authority (MBTA)	<p>The MBTA operates train, bus and subway transit through the Boston and Greater Boston area. The commuter rail train stops in Concord Center and West Concord. The West Concord location is handicap accessible.</p> <p>Bus service to Alewife Station is available Mon - Saturday at 96-476 Hanscom Dr, Hanscom Air Force Base, in Bedford, MA</p> <p>617-222-3200; TTY 617-222-5146 http://www.mbta.com/</p>
MassHealth	<p>Will reimburse non-emergency transportation costs, or provide transportation to individuals covered by MassHealth who would not otherwise be able to get to appointments.</p> <p>800-841-2900; TTY: 800-497-4648 https://www.mass.gov/topics/masshealth</p>
R.E.M Services	<p>R.E.M Services is a non-emergency medical transportation provider that utilizes several forms of service to assist mobility impaired and wheelchair-bound clients for their many needs.</p> <p>617-876-0444 4C Yankee Division, Bedford, MA http://remservices.weebly.com/</p>
Road to Recovery Van	<p>The Road to Recovery van provides transportation through volunteer services <i>for cancer patients only</i>, to and from treatment. Parental presence needed for minors.</p> <p>800-227-2345 www.cancer.org/treatment/supportprogramsservices/app/resource-detail.aspx?resourceId=120936</p>
Need-A-Lift	<p>Need-A-Lift provides door-to-door service, wheelchair transport, and ambulatory transport. More information is available online.</p> <p>978-534-0041 Monday - Friday 6am-5pm Services are based out of 132 Crawford St., Leominster, MA www.needaliftmedivan.com</p>

Transportation

Our Pleasure 2 Help	<p>Offers transportation to medical appointments, airport, student after school and evening transportation, Boston area car service, companion assistance and house check-in services.</p> <p>781-862-4300 www.ourpleasure2help.com</p>
SCM Transportation	<p>SCM provides transportation to medical appointments, adult day care centers, shopping centers, grocery stores, meal sites, arts and culture events, and visits to loved ones.</p> <p>617-625-1191 Based out of 167 Holland Street, Somerville, MA scmtransportation.org</p>
Pride Star EMS	<p>Offers rides for people in wheelchairs through their Chair Car Services. They also offers rides to and from special events for patients at nursing homes and assisted living facilities.</p> <p>978-441-0911 bshanley@pridestarems.com Based out of 229 Stedman Street Lowell, MA www.pridestarems.com</p>
The RIDE	<p>The RIDE is an MBTA door-to-door service available 365 days a year to those who cannot use fixed-route transit due to physical, cognitive, or mental disability. An application with a physician's signature is necessary. Fares are very reasonable when booked 1 to 14 days in advance.</p> <p>800-533-6282; 617-222-5123; TTY 617-222-5415 theride@mbta.com http://www.mbta.com/fares_and_passes/ride/</p>
Yankee Line	<p>Yankee Line provides commuter bus services for the residents of Acton and Concord into Boston. The bus departs from Crosby's Supermarket on Sudbury Road in Concord, and goes to Copley Square in Boston.</p> <p>800-942-8890; 617-268-8890 mail@yankeeline.us http://yankeeline.us/scheduled-services/actonconcord/</p>

Transportation

Transportation: Home Delivery Services

Roche Brothers	<p>Offers a call-in delivery service. There is a delivery fee, a call-in fee per order, and no minimum purchase amount. Please call several days ahead of your desired delivery date.</p> <p>Delivery line: 781-694-5442 Customer Service line: 781-694-5280</p>
Stop & Shop (Peapod)	<p>Peapod is a home delivery service offered by Stop & Shop. Orders are placed online through the website listed below. There is a minimum purchase amount of \$60, and no same day service. There is a delivery fee. An additional fuel surcharge may occur as well.</p> <p>www.peapod.com Customer Service line: 1-800-573-2763</p>
West Concord Pharmacy Home Delivery	<p>West Concord Pharmacy offers a home delivery service. Call the store before noon to receive your order on the same day.</p> <p>Deliveries available Monday - Friday, holidays not guaranteed. 978-369-3100 1212 Main Street, Concord</p>
Open Table	<p>Open Table offers a home delivery service for those who cannot visit the pantry due to a lack of transportation, or similar issue. Please contact Bonny Wilbur, Community Services Coordinator, for more information.</p> <p>978-318-3034 55 Church Street, Concord bwilbur@concordma.gov</p>

Youth and Family Services

Veterans' Services

Dick Krug, Veterans' Services Officer	<p>Dick Krug is the Veterans' Services Officer for Concord. He works with veterans to connect them with services, benefits and other programs. He will help veterans complete their application for Chapter 115 benefits, which offers a need-based program of financial and medical assistance for veterans and their dependents. Financial assistance to qualified veterans and their dependents is provided in accordance with state and federal regulations. The Veterans' Services Officer has assisted at veteran's funerals, worked with students and presenters at Veterans' Day and Memorial Day programs, provided transportation to medical appointments for veterans when no other transportation was available, and he frequently serves as guest speaker at local clubs and schools. For more info or assistance on Veterans' Services, please email or call.</p> <p>978-318-3038 dkrug@concordma.gov</p>
Military Family Support Group	<p>The Military Family Support Group is a forum of mutual support and education before, during and after deployment. This includes networking to ease the transition from soldier to veteran. Meetings are open to those who live and work in the greater Boston area who have family members and friends serving abroad. Partners, parents, grandparents, adult and teen siblings, and friends of deployed soldiers are all welcome. Meetings are held monthly at the West Concord Union Church. For additional information see below.</p> <p>Kathleen & Jake Zagata: 978-369-8539 milfamilysg@gmail.com West Concord Union Church, 1317 Main Street in West Concord</p>
Veterans' Services	<p>Veteran's Services is administered under state guidelines to provide information, advice and assistance regarding benefits to veterans and their families. Massachusetts is recognized as having one of the most comprehensive veterans' programs in the nation. Visit the website to learn more about available programs in town.</p> <p>www.concordma.gov/830/Veterans-Services</p>

Youth and Family Services

Similar resources may be found in the Disability Services or Health / Mental Health sections

Hotlines:

Advocates Inc. Psychiatric Emergency Services Hotline:

781-893-2003; 800-640-5432

Child-at-Risk Hotline:

To report abuse or neglect of children.

800-792-5200

Child Care Aware Referral Hotline:

800-424-2246

Massachusetts Child Support Enforcement:

800-332-2733

Mass 2-1-1:

Offers aid with childcare, workforce training, physical & mental health difficulties, housing & rental information, food and more.

Dial 211

National Runaway Safeline:

800-RUNAWAY (800-786-2929)

<http://www.1800runaway.org/>

Parental Stress Line: Free and confidential child abuse prevention.

800-632-8188

www.parentshelpingparents.org

Post-Partum Depression Hotline:

800-PPD-MOMS (800-773-6667)

<http://www.1800ppdmoms.org/>

William James College Interface Referral Service:

Assists in finding appropriate mental health services

888-244-6843; 617-332-3666 ext. 1411

msppinterface.org

Youth and Family Services

Advocates for Youth	<p>Advocates for Youth offers information on youth sexual health, including guides on parent-child sex education conversations.</p> <p>202-419-3420 www.advocatesforyouth.org</p>
Bonny Wilbur—Community Services Coordinator	<p>The Community Services Coordinator assists families and individuals under the age of 60 with information and referrals such as financial assistance, domestic violence, fuel and food assistance, legal services, housing, and camp and child care scholarships. All services are free and confidential. <i>To maintain confidentiality, meetings are by appointment only.</i></p> <p>978-318-3034 55 Church Street, Concord bwilbur@concordma.gov www.concordma.gov/community</p>
Bridge Over Troubled Waters	<p>Works to improve the lives of runaway, homeless and high-risk youth. Provides counseling, emergency shelter, and more.</p> <p>617-423-9575 bridge@bridgeotw.org www.bridgeotw.org</p>
Center for Parents and Teachers, Inc.	<p>Supporting the positive development of children and families through parenting education workshops, early education teacher trainings, and a curriculum lending library.</p> <p>978-202-1143 cpt@concordps.org 120 Meriam Road, Concord www.centerforparentsandteachers.org</p>
Child Support Enforcement	<p>The Massachusetts agency related to information and assistance with child support orders.</p> <p><i>Toll-free:</i> 800-332-2733; <i>Local:</i> 617-660-1234 https://www.mass.gov/orgs/child-support-enforcement-division</p>

Youth and Family Services

Concord Police School Resource Officer	Officer Tia Manchuso: 978-318-3400 tmanchuso@concordma.gov
The Divorce Center	The Divorce Center is a not-for-profit organization that provides divorce resources, education, and support for people going through divorce or separation. 508-446-4134 info@thedivorcecenter.org www.thedivorcecenter.org/
Parents Helping Parents	A child abuse prevention network with support groups around Massachusetts and a 24-hour hotline. 800-632-8188 www.parentshelpingparents.org
Parent/Professional Advocacy League	Provides information, referrals, and support to parents of children with mental health needs. 866-815-8122 info@ppal.net www.ppal.net
Partnership for Drug-Free Kids	The Partnership provides online resources for parents concerned about their children and drugs. 855-DRUGFREE (378-4373) http://www.drugfree.org/
Planned Parenthood	Planned Parenthood has information on sexual health, birth control, STDs, sexual orientation, women's health, abortion, emergency contraception, and more. 800-230-PLAN (7526) www.plannedparenthood.org

Youth and Family Services

Families for Depression Awareness	<p>Helps families recognize and cope with depression and bipolar disorder to get people well and prevent suicides.</p> <p>781-890-0220 info@familyaware.org http://www.familyaware.org</p>
Fleur de Lis Camp Circle Week (for bereaved girls)	<p>Fleur de Lis Camp's Circle Week is a free one-week, overnight camp for girls ages 9 - 13 who have experienced the death of a parent. The program integrates traditional camp activities with the opportunity to do "grief work" in a safe and caring setting.</p> <p>603-585-7751 circle@fleurdeliscamp.org www.fleurdeliscamp.org/circle-of-fleur-de-lis</p>
First Connections	<p>A family support agency providing services to infants and young children, including developmental assessment, prenatal and postpartum resources, family focused low-income resources, and more. Focused on ages 0 – 8, though certain services may be applicable for a larger range of ages.</p> <p>781-559-4900 http://www.firstconnections.org/</p>
Postpartum Support International of Massachusetts	<p>A volunteer organization dedicated to promoting prevention and treatment of mental health issues related to childbearing.</p> <p>800-944-4773 psiofmass@gmail.com www.postpartum.net/locations/massachusetts/</p>
Massachusetts Head Start Association Programs	<p>Massachusetts Head Start provides childcare and preschool programs for eligible low-income families.</p> <p>508-561-7965 info@massheadstart.org https://massheadstart.org/</p>

Youth and Family Services

Kids Health	<p>Provides info on sexuality, disease control and prevention, drugs, alcohol, and mental health for teens and young people.</p> <p>http://kidshealth.org/</p>
Youth on Fire	<p>Offers a confidential space for homeless, and runaway youth ages 14 – 24, including drug treatment and education, overdose prevention, and other services.</p> <p>617-661-2508 info@aac.org 1555 Massachusetts Avenue, Cambridge, MA http://www.aac.org/youth-on-fire/</p>
Massachusetts 2-1-1	<p>Free and confidential hotline for programs offering aid with child care, workforce retraining, physical and mental health difficulties, housing and rental information and more.</p> <p>Dial 2-1-1 www.mass211help.org</p>
Federation for Children With Special Needs (FCSN)	<p>FCSN offers support for parents navigating special education programs, family support, information on health advocacy, community engagement, and other programs.</p> <p>800-331-0688 info@fcsn.org www.fcsn.org</p>
Wayside Youth and Family Support Network	<p>Dedicated to building strength, hope and resiliency through its family-based outreach services, residential treatment programs, and counseling services to children, youth, and families. A 24-hour Rape Crisis Hotline is also offered.</p> <p>Framingham Office 508-879-9800 24-hour Rape Crisis Hotline 800-511-5070 info@waysideyouth.org Office Hours: 9am - 5pm 1 Frederick Abbott Way, Framingham, MA www.waysideyouth.org</p>

Youth and Family Services

Women, Infants, & Children (WIC)	<p>WIC targets low-income pregnant and postpartum women, as well as children up to their 5th birthday, providing screenings, supplemental nutritious food, nutrition education, and referrals to other health, welfare and social services.</p> <p>800-942-1007 www.fns.usda.gov/wic/</p>
Seven Hills – Child Care Resources	<p>Seven Hills foundation has a Child Care Referral staff that work to connect parents with child care resources.</p> <p>978-602-8650 MelRodriguez@sevenhills.org www.sevenhills.org/programs/resources-for-parents-families</p>

Child Care

First Connections	<p>First Connections works to equip parents with tools, practical strategies, and connections to other families and their communities, to foster healthy parenting and guide them through the first years of parenting. You can learn more about their programs and find child care listings online.</p> <p>978-429-8284 x201 ddwerneburg@jri.org jri.org/services/foster-adoption-ecs/first-connections</p>
Carlisle Kids' House	<p>Carlisle Kids' House serves children 15 months to Pre-K and grades K through 6 with after school, full and partial day programs. School year programs, summer camps, and drop-in care are also available. For more information go online, call, or email using the details below.</p> <p>978-369-5558 exec_director@carlislekidshouse.org www.carlislekidshouse.org 142 East Street, Carlisle, MA</p>

Youth and Family Services

Childcare Vouchers	<p>Child Care Subsidy Vouchers are available to low-income residents who qualify based on “activity” and income: the parent(s) must work a minimum of 20 hours per week for part-time care, or 30 hours per week for full-time care, or they are in school for those same hours. Children must be U.S. citizens. Grandparents with custody are eligible to apply. The wait to receive a childcare voucher can be several years.</p> <p>978-602-8650 MelRodriguez@sevenhills.org www.sevenhills.org/programs/resources-for-parents-families</p>
Concord Children’s Center	<p>Serves children ages 10 weeks through grade 2 with full or partial day, full year programs. Provides year-round infant and toddler care, preschool education, and afterschool programs.</p> <p>978-369-6790 executive@concordchildrenscenter.org concordchildrenscenter.org 1300 Main Street, Concord</p>
Concord Recreation Before School, Extended Classroom, and After School	<p>Concord Recreation offers before school, extended classroom, and after school programs for children grades K – 5 during the school year. Concord Rec does offer coverage for vacation weeks and professional days that are separate from their after school and before school programs. For more information, call, email, or go online.</p> <p>978-318-3045 childcareprograms@concordma.gov www.concordrec.com/162/Before-School-REC-Afterschool</p>

Rotary Club of Concord MA, Inc.

www.concordmarotary.org

Rotary is neighbors, community leaders and global citizens uniting for the common good. Projects focus on giving back to the community both here and beyond. Here are some of Rotary's activities:

Scholarships/Youth Programs

- Concord Middle School Awards
- Scholarships for College Tuition
- Class Act Service Awards at CCHS
- High School Leadership Training Weekend
- CCHS Rotary Interact Club
- Sponsor "Reality Financial Fair" at CCHS
- Sponsor International Exchange Students
- Hot Chocolate at Holiday Night in Concord
- Spring Pops to Benefit Community and International Projects
- Slush Stand at Picnic in the Park
- Golf Tournament to Benefit Scholarships
- Patriot's Day Parade

International

- Wells and Latrines for Kenya
- Technology Center at Haiti Schools
- Bus for Special Needs, Haiti
- Sharing Foundation in Cambodia
- Polio Eradication, Afghanistan and Pakistan
- School for Girls in Afghanistan
- Cleft Palate Project Smile, Peru
- School for Hearing Impaired, India
- Clean Water Project, Nepal
- Gift of Life Open Heart Surgery
- Group Study Exchange – Philippines

Local Completed Projects

- Holiday Tree in Concord Center
- Helicopter Pad at Emerson Hospital
- Veterans' Memorial in Concord
- Skateboard Park at CCHS
- River Trail at Thoreau School
- Concord River Trail Map
- Rideout Field House Building
- Community Suppers
- Food/Clothing Collections
- Rejuvenation of Monument Square
- Community Clean-Up Day
- Activities with Minuteman Arc

The Concord-Carlisle Community Chest

www.communitychest.org

The Concord-Carlisle Community Chest was founded in 1947 as an organization of neighbors helping neighbors. The founders were a group of local residents who had a strong belief that raising and distributing funds to help their neighbors in need was "just the right thing to do." And over 70 years later, thanks to the generous support of individuals, organizations and corporations from the community, the Community Chest is able to continue that commitment.

The Community Chest, whose mission is "to strengthen our community, marshaling resources to help neighbors in need," provides support through its Annual Campaign, the When in Need Fund, Scholarship Funds, the Community Impact Fund and the Cornerstone Fund.

You can reach the Community Chest at 978-369-5250 or at info@ccccommunitychest.org

Brought to you in part by:



**CONCORD-CARLISLE
COMMUNITY CHEST**

